SUMMER NEWSLETTER 2026

AGE CONCERN EPSOM & EWELL



A message from our Chief Officer, Dorah May Hancock

Welcome to our summer newsletter full of our latest news: celebrating our volunteers during Volunteers' Week; introducing you to our Woodland Walk & Talk among the Trees Discovery Trail - not to be missed especially if you haven't visited our 'In Memory Woodland' in Long Grove Park; thanking Tom McDonald who in four hours and six minutes ran the Southampton Marathon and raised £852 for us; introducing you to Epsom & Ewell Talking Newspapers plus lots, lots more.

Please do remember that we are always here to support you whether you are from the older generation in our borough, a family member with concerns about an older loved one, a neighbour or friend. Our Information & Advice desk is ready and waiting to receive your call or do make a personal visit.

Happy Summertime everyone and let's hope there's more sunshine than showers!

We are very sorry to announce that our longest-serving member of staff, Gloria Fox, will be leaving us this summer.

Gloria has been with Age Concern Epsom & Ewell for over 16 years and will be moving north to join members of her family as they embark on a new chapter of life in the countryside. Over the years, Gloria has been a helping hand to countless clients, volunteers, and staff. Her vibrant personality, kindness, and wisdom will be greatly missed.



When Gloria first joined ACEE, she helped with our Footcare Clinic. Drawing on her experience as a senior nurse, she had a remarkable ability to put clients at ease. Combined with her gift for storytelling and her wonderful sense of humour, she quickly created a relaxed and welcoming atmosphere.

Throughout her time with the charity, Gloria contributed to many areas of our work, including our Transport Scheme in the days before computerisation. However, it is through her role within our Befriending Service that her attentiveness, compassion, and understanding of people truly shone.

With an encyclopaedic memory for details and a natural ability to connect with people from all walks of life, Gloria spent more than ten years expertly matching clients with volunteers. These connections blossomed into hundreds of lasting friendships that have enriched lives across our community. A passionate advocate for living life to the full, Gloria has always led by example. With more hobbies, interests, and social engagements than many people half her age, she brought that same enthusiasm to our Sunday Teas, providing years of fun, music, laughter, and companionship for those who do not have family nearby.

It is these qualities, along with her infectious zest for life, that will leave a lasting mark on all of us.

So here's to you, Gloria Fox. Thank you for the laughter, the friendship, the dedication, and the magic you have brought to Age Concern Epsom & Ewell over the years. As you so often say to your team, "Mind how you go."

With much love, gratitude, and respect from everyone at Age Concern Epsom & Ewell.

AGE CONCERN EPSOM & EWELL



INFORMATION & ADVICE

We give free and confidential information and advice on a wide range of issues that affect older people, including:

- **Benefit Entitlement**
- **Community Services**
- **Care Homes and Housing**
- **Disability Aids and Equipment**
- **Finding Help at Home**
- **Support Organisations**
- **Wills**
- **Power of Attorney**
- **Activities for Older People**

In addition, we can arrange for information to be sent to your home.
If we are unable to help you, we can refer you to other appropriate organisations.

Get in Touch

01372 732 456

Monday to Friday, 9:30am – 1:00pm

or visit our offices
No appointment is necessary – just drop in.

The Old Town Hall
The Parade, Epsom, KT18 5AG

Email: info@ageconcernepsom.org.uk

At all other times, an answerphone is available for messages, to which we will respond as soon as possible.



Sunday Teas

What a wonderful time was had at our May Sunday Tea, hosted at the **Sri Raja Rajeswary Amman Temple** in Stoneleigh. Over 100 clients, along with staff members and volunteers, were treated to a delightful afternoon tea, consisting of delicious food and wonderful cultural entertainment. Everyone thoroughly enjoyed the experience, and we would like to extend our sincere thanks to our wonderful hosts for arranging such a lovely afternoon.





Sunday Teas take place on the second Sunday of the month,
between 2.30pm - 4.30pm
at St Mary the Virgin Church, Worcester Park.

They offer the opportunity to enjoy sandwiches, tea, cakes and good company along with various types of entertainment each month.

For further information please call 01372 732 456

Men's Group

Our men's group had a lovely time at The Woodman pub in Ashtead back in March.



The gentlemen enjoyed great food, good company and they all went home with an Easter egg to enjoy.



These monthly meet-ups take place in various locations across our borough and are thoroughly enjoyed by all who attend.



To find out more details please contact our office on: 01372 732 456.





Message in a bottle

Pick up a bottle from
Age Concern Epsom & Ewell
Let the emergency services know your medical history.

This scheme supplies FREE bottles to be kept in the fridge containing medical details that can be found quickly by the emergency services.

Attendance Allowance

If you (or a family member) live in the Borough of Epsom and Ewell and have reached state pension age and have long-term physical or mental health issues or a disability that significantly affects your daily living, with care or supervision needs, which you have had for more than 6 months* and which are likely to be ongoing, you may be eligible to receive the **Attendance Allowance**. It's tax free and not means-tested and is based on the care you need, not what you're getting. *[You cannot claim Attendance Allowance if you already receive Disability Living Allowance or Personal Independence Payment]*

Eligibility

You can apply for Attendance Allowance for free, by downloading the forms from the GOV.UK website Attendance Allowance claim form - GOV.UK (www.gov.uk) or by requesting these from the Department of Work and Pensions (DWP) on 0800 731 0122.

If you need help with the application our Home Visitor will come out and complete the forms for you. This takes about 2 hours. There is a small charge for this service.

Attendance Allowance covers a range of conditions such as physical disabilities, illnesses, dementia and mental health issues and sensory impairments (more details on the DWP GOV.UK website).

There are some tasks you may find difficult and might need assistance with: personal care, washing and bathing, using the toilet; help with eating and drinking or cutting up food; help with dressing; assistance getting in and out of bed; help to keep yourself safe and to avoid accidents. Also note if things take you a long time or make you breathless or tired; and any equipment or aids you may need. All this information will help DWP with their decision - this takes about 12 weeks.

"She took all the worry away about filling in forms"



Increased needs or turned down previously?

If your previous application has been refused it doesn't mean that you can't make another application, especially if your needs have increased. The same applies if you receive the lower rate allowance and you now feel you should qualify for the higher rate (both day and night care needs) as long as you have had the condition or disability for more than 6 months*.

The allowance may help you to keep living independently

Contact us

If you'd like Age Concern Epsom and Ewell to help you with your application, please call our Information and Advice Helpdesk on **01372 732456**, between 9.30am - 1.00pm Monday to Friday, to ask any questions and to book and pay for your appointment.

We can also help with arranging a Home Visit to apply for a Blue Badge or Pension Credit and also support you with information and advice on issues you may need help with or with referring or signposting you to other services.

**Your application is fast tracked if you have a terminal illness / SRI form*

VOLUNTEERS' WEEK

AGE CONCERN EPSOM & EWELL

It's time to say a very big

Thank you

#VolunteersWeek



In the first week of June, during Volunteers' Week, we celebrated all the contributions that our wonderful volunteers made throughout the year.

Age Concern Epsom & Ewell is so lucky to have around 190 dedicated and caring volunteers who give their time to help others and would like to express our heartfelt thanks to each and every volunteer who makes such a difference to older people in Epsom & Ewell.

Our volunteers take on a wide variety of roles depending on their own skills and interests and the time they have to spare.

A snapshot of our volunteer roles includes:

Responding to our helplines, supporting anxious clients with information and advice and dealing with transport requests.

Providing a friendly and personal service driving clients to their medical appointments and safely bringing them home again.

Visiting clients at home to help with small DIY tasks.

Helping clients with IT challenges and explaining patiently how to use devices such as mobiles or laptops.

Reducing loneliness through regular weekly social visits.



Helping out at our monthly Sunday Teas, welcoming clients, chatting and serving tea and sandwiches or giving clients a lift there and back .

Providing regular office support to our small staff team.

Stepping up whenever needed to help with community stands and fundraising events, including knitting and baking.

Their enthusiasm, kindness, positivity and commitment shine through in everything they do and highlight what a wonderful community we have in the Borough of Epsom & Ewell.

Please get in touch if you would like to volunteer with us or if you know someone who could benefit from our services.

Alone we can do so little; together we can do so much.



To find out more please contact our Volunteers' Coordinator, Sue Brinsden on:

T : 01372 732 458
E : Sue.Brinsden@ageconcernepsom.org.uk
www.ageconcernepsom.org.uk

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Celebrating Our Volunteers

We are very sorry to say that one of our long-term volunteers, Tony Hall, stepped down from supporting our transport scheme after an incredible 18 years of service.



Tony was instrumental in helping us provide a robust and efficient transport scheme. Using his extensive IT skills, he developed systems that proved to be an enormous time-saver and enabled us to book drives with greater ease and accuracy. His work behind the scenes has made a lasting impact on the charity and on the many clients and volunteers who have benefited from the service over the years.

Reflecting on his time with Age Concern Epsom & Ewell, Tony explained that his motivation for volunteering came from his own family's experiences. When his parents, who lived in Evesham, Worcestershire, needed support later in life, the local Age Concern team provided invaluable help, particularly with advice and home visits. After his father passed away and his mother later developed dementia, Tony felt inspired to give something back and joined ACEE as a volunteer driver.

It soon became clear that Tony's professional background in IT and programming could help modernise the transport service. He developed and improved the organisation's transport and volunteer management systems, introducing features such as driver availability profiles, automated checks and streamlined booking processes. These improvements made the coordination of transport far more efficient for staff and volunteers alike. Over the years, he continued to expand and refine the systems to support the organisation's growing needs.

Speaking about his involvement with ACEE, Tony said it had been "the most rewarding and enjoyable project" of his long career in IT. He praised the office staff and volunteers, saying they were the people who "do the real work", while he was simply pleased to provide systems that helped make that work easier.

We would like to thank Tony sincerely for his outstanding contribution, dedication and friendship over the past 18 years. Everyone at ACEE wishes him all the very best for the future.

AGE CONCERN EPSOM & EWELL

ACEE Medical Transport

If you live in the Borough of Epsom and Ewell and have reached state pension age, you are eligible to join the Age Concern Epsom and Ewell (ACEE) Medical Transport service. Here, a volunteer will take you (and your carer if required) to and from any medical appointment, with an up to two hour wait, for a fixed return price. Our volunteer drivers pick you up from home and return you after your appointment - no long waits or wondering about how and when you will get home or uncertainty about charges.

Our service is for medical appointments only: hospitals, GP surgeries, and other healthcare settings, such as dentists, opticians, foot-care, medical support groups, and visits to care homes.

Sign up for Medical Transport

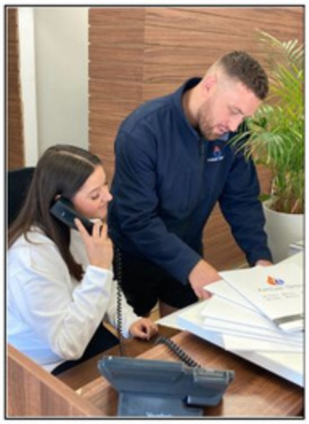
To sign up for an Annual Subscription to Medical Transport please visit our office or call **01372 732456** to register for this service. Payments can be made by cheque, cash or card.

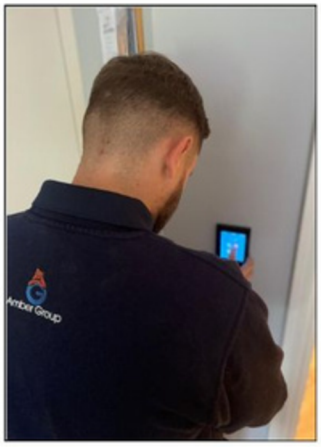
There is a registration form to complete and we supply you with a list of current charges.

- Drives are not limited to the Borough of Epsom and Ewell; we cover many other locations, including London Hospitals.
- We are unable to take wheelchairs, but you can bring a rollator, zimmer frame or guide dog. Let the team know when you book, so we can allocate a driver who can accommodate your needs.

ACEE can help you apply for a Blue Badge if you do not have one and think you may qualify. Please call the office number above to discuss this and to make an appointment with our Home Visitor. These visits have a small charge.

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Our Easter Events

What a lovely time we had back in March with our **Easter-themed fundraising activities.**

Many of our wonderful knitters and crochet makers kept the cold winter months at bay by channelling their creativity into supporting our cause.

A delightful array of gifts and toys was produced for our stalls, many concealing Easter eggs and tasty treats.

We ran six stalls at the Epsom Marketplace, and it was wonderful to meet so many members of the public - providing a fantastic opportunity to chat about what we do while also raising vital funds to support our services.









Our **Easter Egg Trail** in Rosebery Park also took place in March, and we were delighted to see so many young families, grandparents too, taking part in our fun, interactive event. Thankfully, the weather stayed dry, and at times even sunny, allowing an amazing 300 children to take part and a great day was had by all.

We are incredibly grateful to **Places Leisure** and **Leightons Opticians** for sponsoring the event, and it was wonderful to have them joining in with the day.

Our heartfelt thanks also go to all our volunteers, without whom we simply wouldn't be able to deliver these fantastic activities. To all the knitters, crochet makers, office volunteers preparing for events, and everyone who helped on the stalls and in the park we send a huge thank you.

Thanks to your involvement and generosity, you helped us raise an incredible **£3,880.86!**

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WOODLAND WALK & TALK

At Age Concern Epsom & Ewell's 'In Memory Woodland'

IN MEMORY Woodland AGE CONCERN EPSOM & EWELL



Among the Trees Discovery Trail

Sunday 12th July

Three woodland trail talks led by Howard Gregory at the 'In Memory Woodland'

Sessions at: 11am, 1pm and 3pm



Age Concern Epsom & Ewell's beautiful 'In Memory Woodland' in Long Grove Park, Epsom, continues to grow and flourish. This summer, we are delighted to host a guided woodland trail experience led by designer Howard Gregory.

The in-person 'Woodland Walk & Talk' will take place on Sunday 12 July. For those who prefer to explore at their own pace, a downloadable trail map will also be available on our website, allowing you to enjoy a peaceful self-guided wander through the woodland.

As you follow the trail, you'll discover carefully selected trees including elm, silver birch, rowan, and pine, alongside seasonal flowers and bulbs that attract butterflies, birds, insects, and other wildlife throughout the year.

Whether you love nature, gardening, wildlife, or simply enjoy tree lined walks, this is a wonderful opportunity to experience the woodland and hear the story behind its thoughtful design. Please book your tickets to join us at the 'Woodland Walk & Talk'.

Book your tickets

https://WoodlandWalkAndTalk.eventbrite.co.uk

Plan your visit

The Age Concern Epsom & Ewell 'In Memory Woodland' is located in the south-west corner of Long Grove Park, Epsom. It's easily accessible on foot via a fully tarmacked path from the nearest public car park, just a few minutes' walk away. The path is suitable for wheelchairs, pushchairs, and other mobility aids.

Handcrafted wooden signs will guide you to the woodland. At the heart of the woodland, two benches provide a peaceful spot to rest, reflect, and enjoy the natural surroundings.

The woodland trail begins at the Information Board.

The woodland 'Walk & Talk' will last around 45 minutes. There will be a 20 minute talk given by Howard Gregory, followed by a 20 minute trail and time to answer any questions.





The **'In Memory Woodland'** is located in Long Grove Park, Epsom, KT19 8TF

With thanks to our woodland trail sponsor Frederick W. Paine

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If you prefer, you can donate your items for us to sell, this helps keep the website running and we give 25% of all proceeds to raising funds for Support Dogs, our current chosen charity.
We also purchase used equipment ourselves so please contact us if you would prefer this option.

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Celebrating our community at the Epsom Derby



The view from our bus

We had fun at the Epsom Derby on the 5th- 6th June.

Earlier this year, we attended a meeting bringing together charities and organisations from across the borough to hear about ambitious plans to restore the Derby to its former glory. While the racing remains world-renowned, selling out in the grandstand and hospitality areas, attendance on the hill, with its free music, activities and funfair has diminished and so the wider vision is to make the event a celebration of Epsom and Ewell and the many organisations that help make it such a wonderful place to live.

It was inspiring to be among so many organisations dedicated to supporting our community, whether through tackling poverty, promoting mental health, providing healthcare, or creating opportunities in the arts, sport and education. When invited to join the new Community Zone with a vintage bus, we were delighted to take part and showcase the work we do in supporting older people across Epsom & Ewell.

With just six weeks to prepare, we created a welcoming space to thank our clients, volunteers, staff, supporters and local businesses. Guests enjoyed elderflower champagne, vintage sweets, a tombola, horse-themed knitted gifts and even hobby horses for children and adults alike, all complementing our vintage, traditional theme. To add to the fun, we decorated our bus with an almost life-sized horse mascot, a giant rosette and a horseshoe, promoting who we are and what we do.

A walkway of trees and shrubs, kindly provided by Howard Gregory from the Epsom & Ewell Tree Advisory Board, helped showcase our **'In Memory Woodland'**and forthcoming **free trail** and looked absolutely beautiful.

Most importantly, we wanted our clients to be part of the celebrations and so their memories of Derbys past were gathered into a special vintage-style newsletter supplement, enhanced with photographs kindly supplied by Bourne Hall Museum, and shared with visitors at our bus and stall. Please find your copy enclosed with this newsletter.

All that remained was for the weather to cooperate. Fortunately, Ladies' Day stayed dry, and we enjoyed meeting many of our supporters and fellow organisations throughout the day.
Sadly, Derby Day itself brought rain showers for much of the afternoon and, whilst turnout was lower than we had hoped, we thoroughly enjoyed meeting the hardy members of the public who stopped by for a chat. We were also very grateful that we had chosen a closed-top vintage bus!

We extend our heartfelt thanks to the volunteers who supported us over the two days and to The Jockey Club for inviting us to be part of their vision of making the Derby not only a showcase of world-renowned racing, but also a celebration of our fantastic borough and the invaluable contribution local charities make to the community. It was a wonderful opportunity to bring people together, and we can already see how this initiative has the potential to grow bigger and better in the years ahead.















Fundraising News



NEWS ALERT

A big shout out to Andrew Gadd, (one of our IT Support volunteers), who recently gave a talk about scams to the Freemasons through his volunteering work with Trading Standards.

The audience was so impressed with Andrew's presentation that they offered to make a donation to a charity of his choice, and we are delighted that he chose to support Age Concern Epsom & Ewell. Andrew, and all of us at ACEE, were amazed and delighted to discover that the Freemasons donated an incredible £1,000 to help support older people in our community.

Thank you so much, Andrew, for your fantastic work and for continuing to support Age Concern Epsom & Ewell.



The Band of His Majesty's Irish Guards performed at the **Epsom Playhouse** back in February and chose to support our charity alongside the Royal British Legion Epsom & Ewell. It was a fantastic evening of outstanding military music and we are so grateful for their support . They recently donated a spectacular £1700 to support our cause.

AGE CONCERN EPSOM & EWELL

CHOOSE US AS YOUR LOCAL CAUSE

Co-op Members can support us through the Local Community Fund
membership.coop.co.uk/causes

Age Concern Epsom & Ewell is delighted to be a part of the **@coopuk Local Community Fund for 2026.**

To vote for our cause please visit:
https://membership.coop.co.uk/causes/98697

Thank you!

Fundraising and Other News



Terri's Dancers Help Turn Raffle Prizes into Community Support!

Fundraising comes in many forms, and we're always inspired by the creative ways our volunteers support local causes.

We recently discovered that one of our regular bakers, Terri, runs a raffle four times a year at her Ballroom, Latin and Sequence Dance classes. Thanks to the generosity of her dancers, these raffles raise funds that Terri uses to purchase baking ingredients. She then donates her time, talent and energy to create delicious homemade cakes and savouries. These bakes are then sold or donated to help support local charities including Age Concern Epsom & Ewell - supporting our events and Sunday Teas.



Speaking about her dancers, Terri said:
"I am so grateful for their support,
which in turn helps our local community."

Terri's baking skills and dedication make a remarkable difference. The proceeds from her homemade bakes often generate up to four times the amount originally raised through the raffles, creating an even greater impact for local charities and the people they support.

Terri's dance classes and friendly tea dances are held regularly at Bourne Hall. If you're interested in learning to dance or would like to attend one of the tea dances, please get in touch by emailing: **dancewithterri@gmail.com**
07740 651 844

We send our huge thanks to Terri and all who support her.



It was a real honour to be invited to the **Chariot Festival (Ther Thiruvizha)** in Stoneleigh back in May. The streets were filled with vibrant music, colour, devotion, and rich Hindu traditions. The Ther Thiruvizha is a significant festival in which the deity is carried in a beautifully decorated chariot, symbolising the divine presence moving amongst the community and offering blessings of peace, prosperity, protection, and wellbeing to all. It is a time of prayer, unity, gratitude, and spiritual renewal.

We were delighted to witness and learn more about this important cultural and religious celebration along with The Sunnybank Trust. The warm welcome and generosity shown by everyone made the day especially memorable.

We are also incredibly grateful that the temple has chosen to support both of our local charities this year, with a generous donation of **£1,000** to each organisation. This wonderful partnership and invaluable support will make a real difference to the people we serve.

It is truly special to share and celebrate different cultural traditions within our community, helping to bring people together through understanding, respect, and friendship.

Thank you to everyone at Sri Raja Rajeswary Amman Temple for such a meaningful and inspiring day.

Our Next Fundraising Events

SATURDAY 19 SEPTEMBER

McCafferty's
134 High Street,
Epsom KT19 8BT
2pm – Midnight

The Marquis of Granby
4 West Street,
Epsom KT18 7RG
2pm – 11pm

The Stables, McCafferty's
134 High Street,
Epsom KT19 8BT
2pm – 10pm

See us on Facebook

A great festival line up of local talent performing rock, pop, soul, country, jazz and lots more!

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Opening Hours
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Mon-Thurs, Sun : 5:30PM - 10:30PM

Blue Mint offers a diverse range of traditional and contemporary Indian dishes, carefully prepared to suit every palate. Alongside classic favourites, the restaurant also features unique chef's specialities with distinctive flavours.

Located just minutes from Epsom Town Centre, Blue Mint provides a warm and ambient setting.

Whether you choose to dine in, collect a takeaway, or enjoy delivery straight to your door, the restaurant offers a welcoming experience for every occasion.

Customers regularly praise both the food and service:

"The food is always extremely tasty and excellent value for money."

"Very friendly staff. Great attention and service. Food was great."







Blue Mint are proud sponsors of the Epsom Sounds Music Festival in aid of Age Concern Epsom & Ewell.

AGE CONCERN EPSOM & EWELL



IT SUPPORT

IT Support

Technology can sometimes feel confusing or worrying. If you'd like a hand getting to grips with your computer, phone, or tablet, one of our friendly IT volunteers can help.

All visits take place in your home, so you can learn at your own pace and with your own device.
We'll help you solve problems, answer your questions and build your confidence using technology.

Getting to Grips with Technology

- Want to send an email or video call a loved one?
- *Curious how to use your smartphone, tablet, or iPad?*
- Would you like to shop or book appointments online?
- *Interested in taking, sharing, or storing digital photos?*
- Wondering how to stream films, music, or TV shows?
- *Need help downloading and using apps?*
- Want to use online maps or transport apps?

All support is provided by our volunteer IT helpers. We make a charge of £20 per visit to help us cover our administrative costs and keep this valuable service running. If any additional equipment, cables, or materials are needed, these will need to be paid for by the client.

For further details please call: 01372 732 456 Mon - Fri, 9.30 am - 1 pm
or email: info@ageconcernepsom.org.uk

Paul Tame, one of our Information & Advice volunteers, was invited to give a talk recently to the Epsom & Ewell Talking Newspapers about the services we provide here at Age Concern Epsom & Ewell.
We were very grateful for the opportunity to share information with their listeners. Paul really enjoyed meeting Richard Wheeler (featured) and Richard Tomlinson, as well as hearing more about the fantastic services the Epsom & Ewell Talking Newspapers provide.

Epsom & Ewell Talking Newspapers have been providing news to local blind and partially sighted people for over 50 years. Their audio publication contains a wide range of local news and information and is distributed every fortnight. Produced entirely by volunteers, it is made available free of charge to listeners.
To find out more about their work, please visit: https://eetn.org.uk/

AGE CONCERN EPSOM & EWELL

EETN



COULD YOUR KINDNESS CONTINUE TO MAKE A DIFFERENCE?

Remember A Charity Week September 2026

Would you like to leave a gift to a charity that you or your family are passionate about?

When we think about the future, many of us focus on the people we love and the memories we hope to leave behind. **But have you ever considered the lasting impact you could have on the causes and communities that matter most to you?**

Each of us makes a difference throughout our lives. Whether through supporting our families, helping our neighbours, volunteering our time, or championing causes close to our hearts, the choices we make can have a positive influence for years to come.

This September, Age Concern Epsom & Ewell will once again be participating in **Remember A Charity Week (7–13 September 2026), a national awareness campaign that highlights the importance of gifts in Wills and the lasting difference they make to charities and the people they support.**

For Age Concern Epsom & Ewell, gifts left in Wills are vital to the future of our charity. These generous donations help us continue providing essential local services, including Information & Advice, Medical Transport, Social Support activities and our much-valued Befriending Service.



Help us to ensure we are still here and at the end of the phone for older people in the years to come.

After taking care of family and loved ones, many people choose to leave a gift in their Will to a charity close to their heart. By remembering Age Concern Epsom & Ewell, you can create a lasting legacy that helps older people in our community continue to receive vital support, friendship and practical help.

We are incredibly grateful to those who have already chosen to leave a gift in their Will. Their generosity is helping to create a brighter future for older people across Epsom and Ewell.

As we mark Remember A Charity Week, we invite you to take a moment to reflect on the values, causes and communities that have been important to you throughout your life, and the difference you would like to leave behind.

Thank you

A big thank you to our supporters who have pledged a gift in their Will. Even the smallest donation makes a huge impact.

When we think about leaving a legacy it doesn't have to be something grand or unattainable - every little bit means so much. Leaving a legacy makes a difference, not only to our charity, but to the people we support.

Find out more

If you'd like to find out more about leaving a lasting local legacy, request our 'Will Writing & Legacy Pack'.

Age Concern Epsom & Ewell
01372 732456 (Mon-Fri, 9.30am-1pm)
info@ageconcernepsom.org.uk
www.ageconcernepsom.org.uk
Charity No.1139652

AGE CONCERN EPSOM & EWELL

JOIN OUR LOTTERY

Support your local community

3 lucky winners every month!

LOTTERY WINNERS

	First Prize		Second Prize		Third Prize	
Jan	Mrs W	£54.80	Mrs D	£34.25	Mr A C	£20.55
Feb	Mrs Wh	£52.80	Mrs A B	£33.00	Mr H	£19.80
March	Mrs B	£51.20	Mr C	£32.00	Mr W	£19.20
April	Mrs Br	£49.20	Mr J W	£30.75	Mrs G D	£18.45
May	Mr D	£49.20	Ms G	£30.75	Mrs P	£18.45

Join our lottery for just £2 per month

To sign up:

- Scan our QR code
- Email us on info@ageconcernepsom.org.uk
- Phone 01372 732 456

Did you know, that 40% of our lottery fund is paid out in prizes and 60% goes to support our work in the community ?

Age Concern Epsom & Ewell Registered Charity No: 1139652

Registered with FUNDRAISING REGULATOR

EPSOM & EWELL VETERANS CLUB

Come and join us at Epsom and Ewell Veterans Hub for a friendly cuppa, natter and a biscuit or two!

Where: The Army Reserve Centre Welbeck Close, Ewell KT17 2BG
When: The first Tuesday of every month Time: 10:30 – 12:30

Please contact:

Barbara Warwick Epsom and Ewell Royal British Legion
Email: barb.warwick@virginmedia.com

MODELS & PAINTING

Drop in for Modelling with Dave

Where: The Kings Church, Longmead Road, Epsom KT19 9BU

When: the 3rd Tuesday of every month

Time: 14:00 - 16:00

INDOOR ARCHERY

Have fun hitting the mark with John

Where: The United Reform Church, London Road, Ewell KT17 2BB

When: the 2nd Tuesday of every month

Time: 10:30 - 12:30

MODELS FOR HEROES

Epsom and Ewell HOUSING ASSOCIATION

A small Association consisting of 91 one-bedroom, self-contained flats and studio apartments.





- Staffed Mon - Fri
- *24 hour Alarm Service*
- Communal lounges & laundries
- *Guest facilities*
- Short walk from the town centre
- *Regular activities & socials*

- **Eligible to those who are:**
- 65 years or over
- *Can live independently*
- Have a connection to the Borough
- *Right to social housing*
- Unable to purchase on the open market

For further details please call

01372 748 558 or email admin@eeha.org.uk

A Summer Poem

The sun climbed softly up the hill,
warmed the fields so green and still;
The swallows dipped through shining air,
While daisies opened everywhere.

A brook went laughing past the trees,
Its song carried by gentle breeze;
The bees moved busily from flower to flower,
Gathering gold through every hour.

The orchard wore its brightest dress,
Of leafy shade and fruitfulness;
And under skies of deepest blue,
The world seemed fresh and wholly new.

As evening spread its amber light,
And day gave way to quiet night,
The stars looked down on earth at rest,
A happy summer at its best.

Anonymous poet

Measures to take during a heatwave

- Dress with light coloured and thin airy clothes
- Stay out of the sun and heat as much as possible
- Drink plenty of fluids
- Rest in the shade or air conditioned rooms
- Use water and other means of cooling the body should there be an absence of sweating despite the body temperature rising
- Check in on elderly relatives and/or neighbours



Invite us for a chat. We love visiting local community groups, retirement homes, care homes or housing associations to talk all about our charity's fantastic services and support.

AGE CONCERN EPSOM & EWELL



Please help us to spread the word about the services that we provide for older people living in Epsom & Ewell!

Do you have a friend or neighbour who could benefit from receiving our latest brochure or newsletters?

Do you have a communal area, or work in a public building where our information could be displayed?

We are currently seeking ambassadors for our charity to help us reach every corner of the borough by:

- distributing and updating our literature in public settings
- identifying new locations to promote our services

If you would like to support our work or find out more, please contact us on:

01372 732 458

AGE CONCERN EPSOM & EWELL

For all enquiries please contact: **01372 732 456**
Email: info@ageconcernepsom.org.uk www.ageconcernepsom.org.uk
Our office and telephone lines are open Mon - Fri: 9.30am - 1pm
The Old Town Hall, The Parade, Epsom, KT18 5AG

SCAN HERE