AUTUMN NEWSLETTER 2026

AGE CONCERN EPSOM & EWELL



A message from our Chief Officer, Dorah May Hancock

Autumn is always a time of year I enjoy, with the changing colours around us, the still frequent blue skies and fluffy white clouds and the opportunity to add that extra layer of clothing to keep the cooler weather at bay – adding a little warmth to our day.

We have lots of lovely **heartwarming** stories and articles in this edition of our newsletter.

Heartwarming connections made at our Sunday Teas, Men's Club, Volunteers' Party and AGM.

Heartwarming sounds that echoed out at the end of our marketplace at the Epsom Sounds Music Festival.

Heartwarming events supporting our fundraising, including our Quiz Night and Candlelit Christmas Concert.

Heartwarming giving through Susan's story.

Do enjoy reading our newsletter and hopefully it will give you that lovely **heartwarming** feeling.

And we mustn't forget the very special **heartwarming** friendships that are created when our amazing volunteer befrienders visit lonely and isolated older members of our Epsom & Ewell community. If you, or someone you know, lives alone and would benefit from regular company or conversation, please do get in touch. Our volunteer befrienders can bring warmth, conversation and companionship into someone's life.

Keep spreading the warmth over the coming months with a **heartwarming** smile for those you meet. And please remember that Age Concern Epsom & Ewell is here,

'Helping Older People To Feel Less Alone'.



Dorah May Hanock, Epsom & Ewell Mayor Lucie McIntyre & Trustee Amanda Reed at our recent AGM



Come and Visit Us at The Advice Cafe

Anyone over State Pension age, or their representative, are welcome to drop in for a chat and talk through any issues or concerns they may have. Our team will be on hand to offer information, advice and support.

This is in addition to our usual Information & Advice Service at the Old Town Hall, The Parade, Epsom, KT18 5AG which is open Mon - Fri, 9.30 am - 1 pm.

The Advice Cafe has a small free car park at the rear and offers free refreshments, so why not come along for a coffee and a chat? We look forward to seeing you.

AGE CONCERN EPSOM & EWELL



INFORMATION & ADVICE

We give free and confidential information and advice on a wide range of issues that affect older people, including:

- **Benefit Entitlement**
- **Community Services**
- **Care Homes and Housing**
- **Disability Aids and Equipment**
- **Finding Help at Home**
- **Support Organisations**
- **Wills**
- **Power of Attorney**
- **Activities for Older People**

In addition, we can arrange for information to be sent to your home. If we are unable to help you, we can refer you to other appropriate organisations.

Get in Touch

01372 732 456

Monday to Friday 9:30am – 1:00pm

or visit our offices

No appointment is necessary – just drop in.

The Old Town Hall
The Parade, Epsom, KT18 5AG

Email: info@ageconcernepsom.org.uk

At all other times, an answerphone is available for messages, to which we will respond as soon as possible.



AGE CONCERN EPSOM & EWELL

Please visit our office between these hours to pick up your packs. Mon to Fri, 9:30 am to 1 pm

The Old Town Hall
The Parade
Epsom
KT18 5AG

Message in a bottle

Pick up a bottle from
Age Concern Epsom & Ewell
Let the emergency services know your medical history.

This scheme supplies FREE bottles to be kept in the fridge containing medical details that can be found quickly by the emergency services.



Sunday Teas

In September, we were very fortunate to have a wonderful selection of History Boxes loaned to us by Bourne Hall Museum.

From kitchen and wartime memorabilia to Coronation programmes, toys and games, there was something to spark memories for everyone. Our clients enjoyed sharing stories and memories of yesteryear, with plenty of laughter, conversation and fun along the way!

And, of course, no Sunday Tea would be complete without a splendid spread of delicious cakes and sandwiches, lovingly provided by our wonderful Sunday Tea volunteers.

Our Sunday Teas are lovely social occasions, offering the chance to meet others, enjoy activities and entertainment, share memories and make new connections. Each month brings something different, and everyone is welcome

If you'd like to come along to a Sunday Tea, volunteer, or help as a driver, we'd love to hear from you.

Sunday Teas take place on the second Sunday of the month,
between 2.30pm - 4.30pm
at St Mary the Virgin Church, Worcester Park.
They offer the opportunity to enjoy sandwiches, tea, cakes and good company along with various types of entertainment each month.
Prior booking required.

For further information please call 01372 732 456



Men's Group

Our Men's Group had a lovely time recently enjoying a get-together at The Woodman pub in Ashtead. The gentlemen enjoyed great food, good company and plenty of conversation and laughter. These outings are a wonderful opportunity to get out and sample different places across our borough and, most importantly, enjoy time together in good company. **To find out more details please contact our office on: 01372 732 456.**





Attendance Allowance

If you (or a family member) live in the Borough of Epsom and Ewell and have reached state pension age and have long-term physical or mental health issues or a disability that significantly affects your daily living, with care or supervision needs, which you have had for more than 6 months* and which are likely to be ongoing, you may be eligible to receive the **Attendance Allowance**. It's tax free and not means-tested and is based on the care you need, not what you're getting. *[You cannot claim Attendance Allowance if you already receive Disability Living Allowance or Personal Independence Payment]*

Eligibility

You can apply for Attendance Allowance for free, by downloading the forms from the GOV.UK website Attendance Allowance claim form - GOV.UK (www.gov.uk) or by requesting these from the Department of Work and Pensions (DWP) on 0800 731 0122.

If you need help with the application our Home Visitor will come out and complete the forms for you. This takes about 2 hours. There is a small charge for this service.

Attendance Allowance covers a range of conditions such as physical disabilities, illnesses, dementia and mental health issues and sensory impairments (more details on the DWP GOV.UK website).

There are some tasks you may find difficult and might need assistance with: personal care, washing and bathing, using the toilet; help with eating and drinking or cutting up food; help with dressing; assistance getting in and out of bed; help to keep yourself safe and to avoid accidents. Also note if things take you a long time or make you breathless or tired; and any equipment or aids you may need. All this information will help DWP with their decision - this takes about 12 weeks.

"She took all the worry away about filling in forms"



Increased needs or turned down previously?

If your previous application has been refused it doesn't mean that you can't make another application, especially if your needs have increased. The same applies if you receive the lower rate allowance and you now feel you should qualify for the higher rate (both day and night care needs) as long as you have had the condition or disability for more than 6 months*.

The allowance may help you to keep living independently

Contact us

If you'd like Age Concern Epsom and Ewell to help you with your application, please call our Information and Advice Helpdesk on **01372 732456**, between 9.30am - 1.00pm Monday to Friday, to ask any questions and to book and pay for your appointment.

We can also help with arranging a Home Visit to apply for a Blue Badge or Pension Credit and also support you with information and advice on issues you may need help with or with referring or signposting you to other services.

**Your application is fast tracked if you have a terminal illness / SRI form*

Volunteer News

Volunteers' Party and AGM

At the end of August, we held our Annual Volunteers' Party at the Comrades Club in Epsom, following our AGM. Around 60 people joined us, including volunteers and their guests, staff, trustees and the Mayor of Epsom & Ewell, Councillor Lucy McIntyre. There was a delicious selection of buffet food to keep everyone well fed, but best of all was the wonderful atmosphere as volunteers mingled, chatted and enjoyed meeting fellow volunteers and swapping stories.
It was a lovely opportunity for us to show our appreciation for the time, commitment and dedication our volunteers give throughout the year.



As a small token of our thanks, every volunteer who attended received a special thank you chocolate bar!

Celebrating Our Volunteers

Many of our volunteers were originally referred to us by Central Surrey Voluntary Action (CSVA), an organisation that acts as a local hub for people looking for volunteering opportunities.
Each year, CSVA hosts its Volunteering Awards Ceremony, a wonderful celebration of volunteering and an opportunity to recognise the contribution made by charities and their volunteers across Central Surrey. With approximately 30 charities represented, it was a fantastic opportunity to hear about the many different ways volunteers support their local communities.



This year, two of our volunteers, Paul Tame and Peter Shrubsole, represented Age Concern Epsom & Ewell and collected awards for Outstanding Achievement and Long Service respectively.
Paul and Peter also collected additional Long Service Awards on behalf of Yashwaree Jagutpal, Simon Baldwin, Pina Brickwood, John Aronson, Andrew Gadd, Peter Bonken, Lynne Martin, Sue Croucher and Iresha Leng, all of whom have volunteered with us for 10 years or more. This is a fantastic achievement and we are incredibly grateful for their many years of service.





They also collected a Volunteer Team Certificate of Recognition, celebrating the ongoing support and dedication of our whole fantastic team of volunteers, who contribute so much to the charity and the older people we support.

Paul commented:
"*There were approximately 30 different charities represented at the awards. It was fascinating to hear what they did and how they serve the residents of Central Surrey in a variety of ways. Congratulations to the team at CSVA for organising such a wonderful celebration.*"



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southern-oaks.org

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Volunteer News & Medical Transport

Could You Volunteer With Us?



We are always delighted to hear from anyone interested in volunteering with Age Concern Epsom & Ewell.
There is a wide range of opportunities available, from regular weekly volunteering to ad hoc and occasional roles, so there may be something to suit everyone.

We are particularly looking for more **helpers for our monthly Sunday Teas.** Volunteers can help with making and serving sandwiches, teas and coffees, setting up, chatting with clients and generally helping to create the warm, friendly and welcoming atmosphere that makes these afternoons so special.

We are also looking for volunteer drivers to give clients a lift to and from Sunday Teas. This is a particularly important role, helping older people who might otherwise be unable to attend to enjoy an afternoon of friendship, conversation and connection.

If you have a little time to spare and would like to make a difference in your local community, we would love to hear from you.

Interested?

Please contact our Volunteers' Coordinator, Sue Brinsden



T: 01372 732 458
E: Sue.Brinsden@ageconcernepsom.org.uk
www.ageconcernepsom.org.uk

ACEE Medical Transport

If you live in the Borough of Epsom and Ewell and have reached state pension age, you are eligible to join the Age Concern Epsom and Ewell (ACEE) Medical Transport service. Here, a volunteer will take you (and your carer if required) to and from any medical appointment, with an up to two hour wait, for a fixed return price. Our volunteer drivers pick you up from home and return you after your appointment - no long waits or wondering about how and when you will get home or uncertainty about charges.

Our service is for medical appointments only: hospitals, GP surgeries, and other healthcare settings, such as dentists, opticians, foot-care, medical support groups, and visits to care homes.

Sign up for Medical Transport

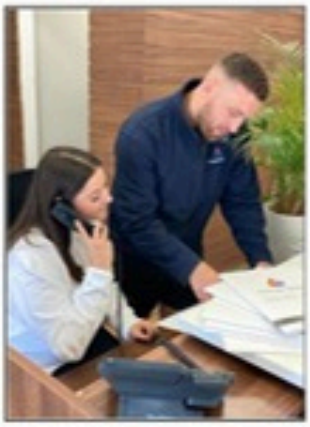
To sign up for an Annual Subscription to Medical Transport please visit our office or call **01372 732456** to register for this service. Payments can be made by cheque, cash or card.

There is a registration form to complete and we supply you with a list of current charges.

- Drives are not limited to the Borough of Epsom and Ewell; we cover many other locations, including London Hospitals.
- We are unable to take wheelchairs, but you can bring a rollator, zimmer frame or guide dog. Let the team know when you book, so we can allocate a driver who can accommodate your needs.

ACEE can help you apply for a Blue Badge if you do not have one and think you may qualify. Please call the office number above to discuss this and to make an appointment with our Home Visitor. These visits have a small charge.

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Epsom Sounds Music Festival

In aid of Age Concern Epsom & Ewell

What an incredible day we had at this year's Epsom Sounds Festival! We're absolutely delighted to announce that, thanks to everyone who came along, performed, volunteered, sponsored, donated and supported us, the festival raised an amazing **£5,325.16** for Age Concern Epsom & Ewell.





120 talented performers took to the stages, with an incredible variety of solo artists, duos and bands entertaining appreciative crowds. There was music happening throughout the day with three stages across two venues, giving festival-goers the chance to wander between stages, discover new performers and enjoy a fantastic range of sounds. The day featured everything from jazz, blues, country and Americana to trad Irish music, rock, pop, soul, indie, funk, reggae and ska - to name just a few.

It was fantastic to see so many people coming together to enjoy live music while supporting such a wonderful cause.

Of course, a festival like this doesn't happen without an enormous amount of hard work behind the scenes. A huge thank you to our 120 amazing performers, our brilliant Epsom Sounds crew and every single person who came along helping to create such a memorable day.



We would like to say a huge thank you to our wonderful backers, McCafferty's and The Marquis of Granby Pubs, as well as our event sponsors Blue Mint Indian Restaurant, Leightons Opticians and Hearing Care, and Andrew Burn Estate Agent. We're also incredibly grateful to the many generous local businesses who donated fabulous prizes to our Grand Prize Draw. Your support made a real difference.



The money raised will help us to sustain and grow our local support for older people across our borough. Last year alone we supported more than 4,000 older people and these vital funds will help us to train more volunteers and enable the charity to be there for even more older people over the year ahead.

The Epsom Sounds Festival was a wonderful celebration of our local community. Thank you to everyone who played a part. We couldn't have done it without you!









How One Gift Inspired Me to Help Others

Susan's Story

When a neighbour left Susan a gift in her Will, it changed how she thought about giving forever.

Many years ago, my neighbour Joan left me a gift in her Will.

I had looked out for Joan over the years and we knew each other well. She was quite a character and very independent. When she passed away and I learned she had left me some money, I remember thinking how thoughtful it was. It also made me think differently about giving.

I didn't feel that the money was just there for me to keep. I felt very strongly that it should go on to help other people too.

That idea stayed with me and became the reason I decided to leave gifts in my own Will to charities that have meant something to me throughout my life - charities connected to people I've loved, experiences I've had, and support I've received myself.



Jim and I during our gold prospecting days

My Story. I was born in Epsom and Ewell and I still live in the bungalow where I grew up. Epsom has always been the constant thread running through my life. Even after travelling and living abroad, it's the place that still feels most familiar to me. My father worked in Ewell Village during the war building aircraft parts, and so many of my memories are tied to this area. One of my favourite views has always been from Tattenham Corner, looking out across the racecourse and the Downs. It's a view I've returned to throughout my life and it still feels very special to me.

In 1973, I travelled to New Zealand to visit my younger sister. The journey took more than five weeks, stopping in Cape Town and Australia before finally reaching New Zealand. It was there that I met my husband Jim.

We built a life together in Christchurch for several years, where I worked as a postwoman. I loved meeting people in the community and embraced the challenge of delivering mail in all weathers - come rain or shine. We then spent five years in Golden Bay, where we lived a pioneering way of life, prospecting for gold in the river. While we were there, we met a lovely couple called Meg and Phil and helped them collect donations for the **Salvation Army** in our old Land Rover. Looking back, **I think those experiences stayed with me because they showed how much good can come from ordinary people helping where they can.**

> *"I didn't feel that the money was just there for me to keep. I felt very strongly that it should go on to help other people too."*



YHA travel plans, our four-legged friends, and life as a New Zealand postie.

Eventually Jim and I returned to England to care for my parents, who sadly both passed away within a few years. Later, Jim developed dementia and I became his carer. It was a demanding time, with a lot going on at home, and that was when **Age Concern Epsom & Ewell** first became such an important support to me. I had recently had a heart attack and broken my wrist, and I was also caring for Jim at home, so there was a lot to manage day to day. I first met Dorah May, Chief Officer of Age Concern Epsom & Ewell, in the local shopping centre around that time, and **it was good to know there was a charity I could turn to, somewhere I could go for advice and just talk things through when I needed it.**

Age Concern Epsom & Ewell, supported me in practical ways that made everyday life easier. Their Home Visiting Service helped me sort out Attendance Allowance for Jim. I used the Information & Advice service for help finding reliable electricians and gardeners, and the medical transport service helped me get to appointments. But it was also the personal support that meant a lot. I was included in the Christmas gifting campaign, and I've had a befriender, Jasmin, for the last two years, who visits once a week for a chat, and I really look forward to that time together. **Having someone regularly check in, chat, and take an interest in your life makes more difference than people sometimes realise.**

When I began thinking about my Will, it was important to me that my family and friends were taken care of first. After that, I wanted some of what I leave behind to go towards causes that have genuinely been part of my life.
I've chosen to leave a gift to Age Concern Epsom & Ewell because of the support I received and the ongoing help they give to older people in the local community. I know first-hand what a difference that support can make when life becomes difficult.

Find out more today

If you'd like to find out more about leaving a gift to charity, request our **'Will Writing & Legacy Pack'** via phone or email.

I'm also supporting the **Alzheimer's Society** because of Jim's dementia and my hope that families in the future will have more support, understanding, and one day a cure. The **RSPCA** reflects our lifelong love of animals, especially dogs. I've included the **Salvation Army** because those memories from New Zealand stayed with me all these years later. And the **Youth Hostel Association** reminds me of travelling when I was younger, staying in hostels from the Surrey Hills to as far as the Lake District and Scotland and seeing more of the world. I owe a lot to the Youth Hostel Association.

For me, all of these gifts connect back to the same idea. Someone once chose to pass something on to me. Now I want to do the same.

I think of it as taking care of something for a while and then making sure it continues to help others. What began as one gift from Joan will now become many more gifts to causes and people that matter deeply to me.

Causes Close to Susan's Heart

Age Concern Epsom & Ewell
Helping older people in Epsom & Ewell live fulfilling and independent lives through support, advice and community services.

Alzheimer's Society
Providing support for people affected by dementia, funding research and campaigning for change.

RSPCA
Rescuing and caring for animals in need, preventing cruelty and improving animal welfare.

The Salvation Army
Meeting human needs through practical support, community services and care for people facing hardship.

Youth Hostel Association
Providing affordable hostel accommodation and helping people, especially young people, connect with nature, heritage and adventure.

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In the lead-up to Christmas, we will be hosting beautiful festive stalls at a number of local events, where we'll be selling handmade gifts and decorations to raise vital funds for our charity.

If you enjoy knitting, crochet or crafting and would like to be part of our Christmas fundraising, we would love to hear from you!

We have lots of patterns available, ranging from easy to intermediate, so there's something for everyone. You can craft at your own leisure, whenever it suits you. If you would enjoy making alongside others, we also have links with local knitting and crochet groups who are happy to welcome new members.

All contributions helps us raise funds to support older people across Epsom & Ewell, while spreading a little Christmas joy at the same time! 🎁
If you'd like further information, please get in touch with Marie Thackwell. Thank you!
marie.thackwell@ageconcernepsom.org.uk
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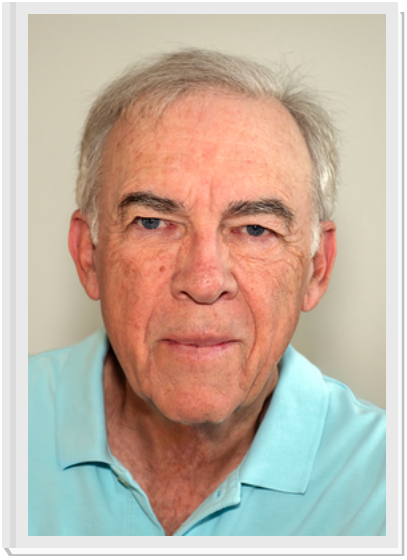
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STILL GOT IT!

CELEBRATING THE CONTRIBUTION OF OLDER PEOPLE



MIKE LONGHURST
LOCAL PHOTOGRAPHER

Thanks to the Epsom Camera Club, we were recently introduced to talented local photographer Mike Longhurst, who kindly came on board to help us capture our recent Epsom Sounds Music Festival through the lens. During our conversations, Mike told me about another project that is particularly close to his heart, and I was fascinated to hear about his 'Still Got It!' photographic project.

It is often overlooked that today's older generation is among the most active and engaged generations in our history, making a significant contribution to society in many different ways.
Epsom-area resident Mike Longhurst, a Fellow of the Royal Photographic Society, set out through his 'Still Got It!' project to showcase the contribution and value that people over retirement age continue to bring to our communities and wider society.

Many thousands continue to work, often taking on new roles or working on a freelance basis, sometimes earning a fraction of what they might have expected earlier in their careers. They continue to contribute to the economy and pay taxes, while providing valuable skills and experience.

Thousands more give their time through volunteering – not only for charities, but also in roles and activities that were once paid positions. Although there are no comprehensive statistics showing how many roles have effectively been taken on, the contribution of volunteers has become increasingly visible across many areas of society, including the NHS, community services and here at Age Concern Epsom & Ewell.

Older people also make a huge contribution through their involvement in social and community activities. Their participation helps support local venues and facilities, creates opportunities for employment and contributes to the wider economy.

Mike's project celebrates these contributions and challenges the outdated perception that getting older means becoming less active or less valuable to society. More than 80 older people have taken part in the 'Still Got It!' photography project so far – and here are just a few from the Epsom area who can definitely say they've "Still Got It!" Thank you, Mike, for shining a light on the amazing contribution of older people and for helping us celebrate those in our own community who continue to make such a difference.

STILL GOT IT!

LOCAL CONTRIBUTORS



Audrey Arden, 78 - Poet



Dr Peter Christie, 86 - Songwrtier & Instant Sunshine Singer



Parveen Kumar, 82 - Professor of Medicine



Norman Healy, 98 - Tennis Player



Pippa Peterson, 71 - Quilter



John Peterson, 81 - Flying Instructor

And here are two contributors that Mike can add from our recent Epsom Sounds Music Festival – the fundraising community event in aid of Age Concern Epsom & Ewell.



Pete Armatage, 75 - Singer & Guitarist



Don Stuart, 78 - Saxophonist, Flautist Jazz man

AGE CONCERN EPSOM & EWELL



IT SUPPORT

IT Support

Technology can sometimes feel confusing or worrying.
If you'd like a hand getting to grips with your computer, phone, or tablet, one of our friendly IT volunteers can help.

All visits take place in your home, so you can learn at your own pace and with your own device. We'll help you solve problems, answer your questions and build your confidence using technology.

Getting to Grips with Technology

- Want to send an email or video call a loved one?
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All support is provided by our volunteer IT helpers. We make a charge of £20 per visit to help us cover our administrative costs and keep this valuable service running. If any additional equipment, cables, or materials are needed, these will need to be paid for by the client.

For further details please call: 01372 732 456 Mon - Fri, 9.30 am - 1 pm
or email: info@ageconcernepsom.org.uk

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Safe and Well Visits

www.surreycc.gov.uk/safeandwell

Many fires at home start accidentally and can have a devastating impact on the occupants and their possessions. Knowing how to reduce the risk of fire in your home is an important part of living safe and well. The best way to keep safe from fire, is to understand common fire hazards and reduce the risk from them in your home.

As part of Surrey Fire and Rescue Service's work within the local community, we offer a service called a 'Safe and Well visit'. This is a completely free service and is designed at providing safer living environments for people in the community that require extra care and support. Currently, we work closely with Local Authority Teams, Surrey County Council Community Departments, Adult Social Care and associated community scheme providers, in providing person centred risk assessment, fire safety advice and accompanying fire safety resources, such as smoke detectors, carbon monoxide detectors, fire retardant bedding / throws etc. Any resource provided by us will be fitted and is completely free of charge.

One of the biggest barriers we face with this service, is that it is unknown by many, or is greeted with scepticism by many members of the community, who we quite rightly tell to be wary of scams.

Safe and Well visits are carried out by Surrey Fire and Rescue Officers, Partnership Officers and in some instances, our volunteers. All our staff carry identification cards and will produce these at the start of the visit. We will visit you in your home at an arranged time, day or night. The visit is friendly and informal, and there's no need to tidy up or provide refreshments, we are here to keep you safe.

Should you wish to book an appointment, or if you know someone else who may benefit from this service, you can contact Surrey Fire and Rescue Service on the following:

Call free on 0800 085 0767

We are here to help you stay safe and well in your home .

Text 07971 691898 (include name, contact number, postcode and your primary concern, such as smoke detectors, a disability, or safety concern)

JOIN OUR LOTTERY

Support your local community

LOTTERY WINNERS

	First Prize		Second Prize		Third Prize	
June	Mrs F	£49.60	Mrs W	£31.00	Mrs A	£18.60
July	Mrs B	£49.60	Mrs G	£31.00	Mrs D	£18.60
August	Mrs A	£49.60	Mrs B	£31.00	Mrs M	£18.60

Join our lottery for just £2 per month

To sign up:

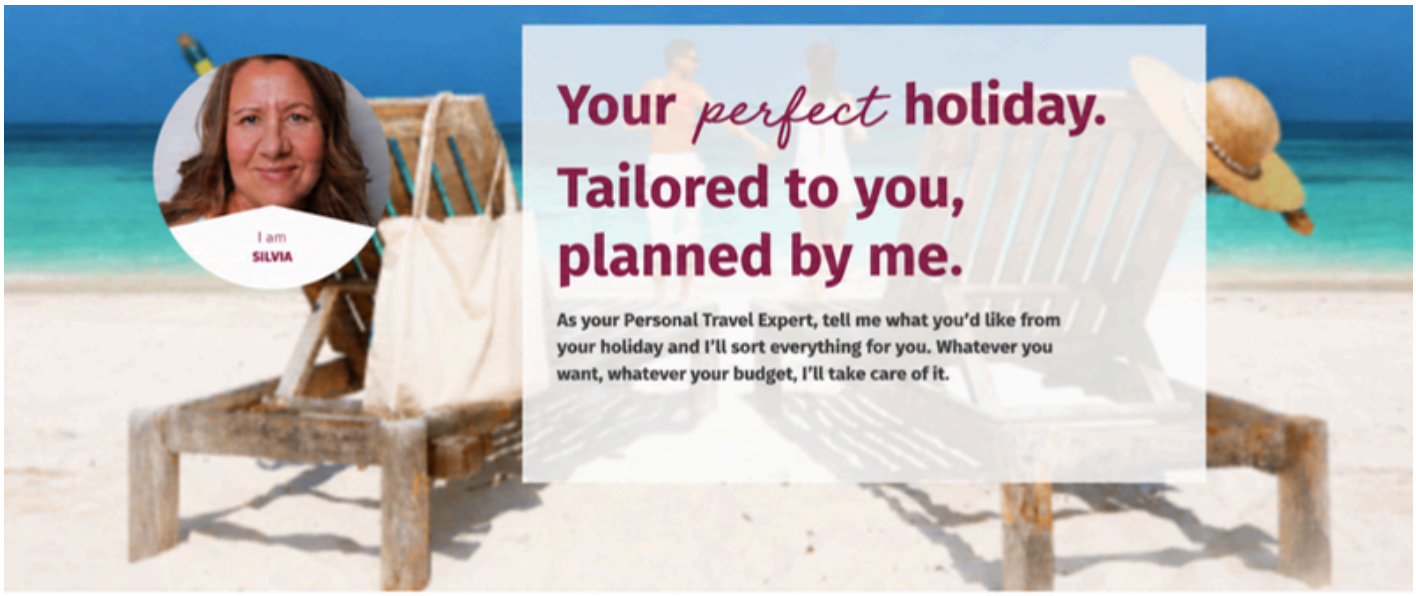
- Scan our QR code
- Email us on info@ageconcernepsom.org.uk
- Phone 01372 732 456

Did you know, that 40% of our lottery fund is paid out in prizes and 60% goes to support our work in the community ?

Age Concern Epsom & Ewell Registered Charity No: 1139652

Registered with FUNDRAISING REGULATOR

Advertisement



NOT JUST TRAVEL
Silvia Durrsperger

PHONE
0773 277 6987

EMAIL
silvia.durrsperger@notjusttravel.com

WEBSITE
https://silviadurrsperger.notjusttravel.com

I'm Silvia, your Epsom-based travel specialist / consultant.

I can help with your holiday planning - making it easy and enjoyable. Whether relaxing getaways (short or long-term periods) cruises, escorted tours - I can take care of every detail.

Travel with confidence with one dedicated point of contact from start to finish.

** Fully ATOL and ABTA protected*

Community News

Advertisement

Epsom and Ewell HOUSING ASSOCIATION

A small Association consisting of 91 one-bedroom, self-contained flats and studio apartments.





- Staffed Mon - Fri
- *24 hour Alarm Service*
- Communal lounges & laundries
- *Guest facilities*
- Short walk from the town centre
- *Regular activities & socials*

- **Eligible to those who are:**
- 65 years or over
- *Can live independently*
- Have a connection to the Borough
- *Right to social housing*
- Unable to purchase on the open market

For further details please call

01372 748 558 or email admin@eeha.org.uk

EPSOM & EWELL VETERANS CLUB

Come and join us at Epsom and Ewell Veterans Hub for a friendly cuppa, natter and a biscuit or two!

Where: The Army Reserve Centre Welbeck Close, Ewell KT17 2BG
When: The first Tuesday of every month Time: 10:30 – 12:30

Please contact:

Barbara Warwick Epsom and Ewell Royal British Legion
Email: barb.warwick@virginmedia.com

MODELS & PAINTING

Drop in for Modelling with Dave

Where: The Kings Church, Longmead Road, Epsom KT19 9BU

When: the 3rd Tuesday of every month

Time: 14:00 - 16:00

INDOOR ARCHERY

Have fun hitting the mark with John

Where: The United Reform Church, London Road, Ewell KT17 2BB

When: the 2nd Tuesday of every month

Time: 10:30 - 12:30



Please help us to spread the word about the services that we provide for older people living in Epsom & Ewell!

Do you have a friend or neighbour who could benefit from receiving our latest brochure or newsletters?

Do you have a communal area, or work in a public building where our information could be displayed?

We are currently seeking ambassadors for our charity to help us reach every corner of the borough by:

- distributing and updating our literature in public settings
- identifying new locations to promote our services

If you would like to support our work or find out more, please contact us on: **01372 732 458**



Invite us for a chat. We love visiting local community groups, retirement homes, care homes or housing associations to talk all about our charity's fantastic services and support.

AGE CONCERN EPSOM & EWELL

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For all enquiries please contact: **01372 732 456**
Email: info@ageconcernepsom.org.uk www.ageconcernepsom.org.uk
Our office and telephone lines are open Mon - Fri: 9.30am - 1pm
The Old Town Hall, The Parade, Epsom, KT18 5AG

SCAN HERE