

Welcome to the ACEE Autumn / Winter newsletter

Her Majesty Queen Elizabeth II
1926 -2022



We are deeply saddened by the passing of
Her Majesty Queen Elizabeth II.

Much loved and respected throughout the world and an inspiration to all.
Here at Age Concern Epsom & Ewell we have held Her Majesty very close
to our hearts and we send our deepest condolences to the Royal Family.

AGE CONCERN EPSOM AND EWELL



DORAH MAY HANCOCK
CHIEF OFFICER

That Autumnal feeling is with us although there are bright blue skies as I look out of our office window here in the Old Town Hall, let's hope they stay with us for a few more days.

As a local charity, supporting the older generation in our borough, we are celebrating our 75th year. We are independent and do not get any funding from outside sources so fundraising, donations and legacies are very important to us. Do spread the word that our next fundraising event is **Comedy @ the College** on **Friday 28th October**.

A laugh a minute at Epsom College with our famous gin bar. We are holding our first ever **Candlelit Christmas Concert** at Christ Church, on Epsom Common. We are so proud that this will be an intergenerational event suitable for all the family and all musical tastes; with hand bell ringers, a young Ukranian solo singer, semi-professional performers and the Epsom Heart & Soul Choir. Do save the date in your diary, **Friday 9th December**.

Further details enclosed in this newsletter.

Do remember that we are always here to support you whether you are from the older generation in our borough, a family member with concerns about an older loved one or a neighbour or friend.

I do hope that you enjoy reading our newsletter and it is always good to remind ourselves that **"Alone we can do so little; together we can do so much"**

Dates for your Diary

Comedy at the College

Fri 28 Oct,
7pm bar opens,
8pm start

Epsom Christmas Fair

Sun 27 Nov,
In the marketplace

Ewell Artisan Market
Xmas Decs & wreaths for sale

Sat 3 Dec,
10-3pm

Candlelit Christmas Concert
Christ Church, Epsom

Fri 9 Dec
7pm doors open,
7.30 start



P R E S E N T

Comedy @ the College

A fundraising event for Age Concern Epsom & Ewell

FRIDAY 28 OCT

TICKETS £22 / £20



**FABULOUS ACTS,
VENUE & OUR
FAMOUS GIN BAR!**

Bar opens from 7pm

Comedy Acts start at 8pm

Epsom College, College Rd, Epsom, KT17 4JH

Back by popular demand an evening with 3 hilarious comedians from Gagging for Laughs

<https://www.jumblebee.co.uk/comedythecollege2022>

18

A fundraising event for Age Concern Epsom & Ewell

Registered Charity No : 1139652

A big thank you to the following groups who have made donations to our charity during the summer:

Stoneleigh Methodist Church who donated **£300**

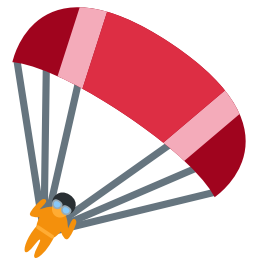
and to the **residents of Stoneleigh Park Road** who organised a street party and raised **£260**

As a local community charity that receives no statutory funding we really appreciate and rely on donations to sustain our services.

Thank you for your support!

**Thank
You!**

Quiz Night



On Saturday 3rd September we held a Quiz Night to support our Sky Divers with their fundraising mission.

The event was well supported with 11 teams in total and a fun evening was had by all. A big thank you to our wonderful quizmaster

Eber Kington and our scorer Louise Saunders who expertly delivered an entertaining quiz.

Thank you to all those that came along and to our team of volunteers who helped out on the night.

The quiz raised an impressive £800



SKY DIVE NEWS

On Sunday 18th September four brave volunteers, Charlie, Charlotte, Rosie & Philip took to the sky, jumping 12,000 feet from a plane for
Age Concern Epsom & Ewell

The weather was kind and the conditions were just right - dry, a little cloud and a light wind.

Here are images of our courageous team in action.

So far this fundraising mission has raised an incredible £3001.50
If you would like to see further footage or if you would like to make a donation - please visit our **Sky Dive page** which can be found in the **What's On** section of our website:

www.ageconcernepsom.org.uk



Please scan this QR Code to see our team page and footage from the day!



Calling all knitters, crochet & craft makers!

We're busy planning our Christmas season and we hope to have lots of lovely things in store. As part of these plans we would like to launch our

Christmas knitting and craft making projects

which will hopefully get lots of people involved in the fun of creating beautiful things for the festive season.

We hope to sell these items at our events to help raise funds and awareness of our charity from Nov- Dec.

When it comes to Christmas decorations the ideas are endless and this year we don't want to limit our range to just one thing. So if you have ideas you would like to pursue then please let us know. We have some patterns available for Terry's Orange covers, mini stockings, and various decorations - some of which have not been tried before so we are looking for people to try these patterns and to feedback with their prototypes.

If you would like to get involved please email:

Marie Thackwell at

marie.thackwell@ageconcernepsom.org.uk



Candlelit Christmas Concert

**AN EVENING OF SONGS & MUSIC
INCLUDING THE
HEART & SOUL CHOIR
TAKING PLACE AT THE BEAUTIFUL
CHRIST CHURCH,
CHRIST CHURCH ROAD, EPSOM
KT19 8NE**

A FESTIVE EVENING FOR ALL TO ENJOY

FRIDAY 9 DECEMBER

**JOIN US FROM 7PM WHERE THERE WILL BE
FESTIVE DRINKS & DELICIOUS SEASONAL
TREATS ALONG WITH BEAUTIFUL
HANDMADE CHRISTMAS DECORATIONS &
WREATHS FOR SALE**

**THE CONCERT WILL COMMENCE
IN THE CHURCH AT 7.30PM**

<https://www.jumblebee.co.uk/candlelitchristmasconcert>



Tickets: Full: £10 / Concs £8

*(Concs = Senior Citizens, students, Under 16s,
those in receipt of benefits)*

Family: £32 (2 adults, 2 children)

Under 2s free



A FUNDRAISING EVENT IN AID OF AGE CONCERN EPSOM & EWELL

CHARITY NO: 1139652

We recently spoke with Eddie & Rita Sears who have received our help with their Blue Badge application. We asked how they came across Age Concern Epsom & Ewell and they explained how a friend had recommended our charity to them when they saw they were having difficulties accessing some public places. Thanks to the help of our Home Visitor, Sal Bacon, the couple were successful with their application and a few months down the line we asked whether it was making a difference.

They told us "It's opened up a whole new world for us and has taken all the worry and stress out of going out"

They explained that before they had their Blue Badge they were limited as to what they could do as restricted parking often meant they were unable to walk great distances.

"Receiving the badge has alleviated a big problem for us" explained Rita "and it has enabled us to do things as a couple again".

They went on to say that they would highly recommend to anyone to use Age Concern Epsom & Ewell, as we made the process of form-filling so much easier and that the small amount they paid to complete the application was money well spent. " It's been a fantastic asset to us and we have enjoyed a pleasant summer. Thank you Age Concern".

We love receiving your feedback so if you have found any of our services helpful or have any news you would like to share with us please email:

marie.thackwell@ageconcernepsom.org.uk





JOIN AGE CONCERN EPSOM & EWELL
FOR OUR

*Sunday Teas
& entertainment*

On the 2nd Sunday of every month
at Stoneleigh Methodist Church

Transport can be provided on request

For further information please call:
01372 732 456



*We would like to thank
The Epsom Arts Society
for their much valued
sponsorship of our
Sunday Teas to help
support our creative
output.*



Our Men's Group meets once a month and they enjoy a nice afternoon of good food, company and conversation.

To find out more please contact
Dawn Ferris
01372 732 456
dawn.ferris@ageconcernepsom.org.uk



The Men's Club enjoying a lovely lunch at the Queen Adelaide Pub, Epsom & a recent trip to the Brooklands Museum



We have had to make the decision to close our Footcare Clinic at the end of October and will not be taking on any new clients. Please do ring our Information & Advice line between 9.30 – 1pm Mon – Fri on 01372 732 456 as we will be able to give you information for other Foot Care practitioners who could support you.

Thank you to all our clients who we have been supporting at our Foot Clinic for many years .

We wanted to share with you a poem in memory of our late Queen written by one of our clients, Trevor Dunford.

Windsor Rainbow

We mourn the passing of our Queen most dear
The most joyous lady who year on year
Was central to our fair island peoples
And showed to all by example clear
How her modest words could a country steer.

The throne inherited by her father's daughter
She reigned as he, and by what he taught her
To quietly lead us by her calm example
The pride of us in her love and constancy
A most treasured spirit to admire and see.

Her Prince was always with his wife so dear
But he was called to Heaven just last year
The Queen had lost his support and strength
But Her Majesty continued in her lasting way
Though with a broken heart I dare to say.

But her duties performed as ever without fuss
The Queen's Majesty served and cared for us
With humility that befitted her Royal Crown
She had the common touch to put all at ease
And her gracious smile was there to please.

Then came the day of Her Royal demise
Though long expected it was such surprise
But we mourn for her with tears and sighs
But with the passing of that final glow
Royal Windsor witnessed a shining rainbow.

I doubt not it by Heaven's grace sent
And who would challenge that bold intent
Her Majesty is from her subjects rent
But remains a beacon of hope and light
And that rainbow was a most fitting sight.

Towards Her end she looked so frail
But shining through that closing veil
She was our guide, our hope, our Queen
Her constant presence was ever there
A long life of duty, love and care.

Reluctantly, we wish our Queen goodbye
But stand up straight and do not cry
For we'll not see her like again
Let trumpets sound and church bells ring
And call out loud, God save the King.





Volunteering is a great way to meet people and to support your local community. It can also improve your own happiness and wellbeing. If you are looking for a volunteer role which enables you to meet interesting people, help the older members of our community, and if you like driving then we could have the role for you!

Age Concern Epsom and Ewell is looking for more volunteer drivers to take people over state retirement age to medical appointments, or to visit family or friends in hospital or residential homes.

This can be a regular weekly commitment or on an adhoc basis. A mileage allowance of 50p per mile is paid.

If you would like more information, please contact **Jane Hodgson**, Volunteers Co-ordinator on **01372 732 458** or by email **jane.hodgson@ageconcernepsom.org.uk**

The role of volunteer driver with our medical transport service is one of the most satisfying things I have ever done. I have now been doing this for over 10 years and I love it as much now as I did when I started.

To have the ability to meet so many wonderful clients and help them and make their lives a bit easier is such a privilege. The bit I enjoy most is talking to the client and hearing about their lives and interests.

Many have become friends over the years, so it's a joy to be able to help them. And at the end of the day I go home feeling a warm glow of knowing that I've done some good with my time.

If you've got a car, like helping people and have got some time, then come and join us.

Volunteer Driver, Alan Carlson



**WILL
YOU**

HELP US TO KEEP HELPING OTHERS?

Leaving us a legacy in your will can make a huge difference to those we may support in the future.

REMEMBER A CHARITY
IN YOUR WILL

AGE Epsom & Ewell
Concern



**“Alone we can do so little;
Together we can do so much”**

Age Concern Epsom & Ewell has been changing the lives of the older community within the borough since 1947. As we receive no statutory funding we have been fortunate enough to have received legacies in the past from our amazing supporters, which have allowed us to continue providing our services.

For many years, we supported Jeanne & John with our home visiting services and when John sadly passed away in 2014 we increased our support for Jeanne who attended coffee mornings and made many friends at Age Concern Epsom & Ewell.

Jeanne sadly passed away recently and bequeathed a generous donation as a way of saying thank you. As an independent charity we are reliant on support such as this to help us to sustain our services and to continue helping our elderly community for years to come.

After providing for family and loved ones please consider leaving us a gift in your Will. No matter how big or small it will support our work for future generations

To find out more about how you can support
Age Concern Epsom & Ewell
please contact
01372 732 456

www.ageconcernepsom.org.uk

**WILL YOU HELP US
TO KEEP HELPING OTHERS?**

AGE Epsom & Ewell
Concern



Business Sponsorship

As an independent charity we rely on the support of the public and local businesses to help us to sustain and develop our services for the future.

Ways your business can support
Age Concern Epsom & Ewell

Sponsor an event or an activity/ service

Select ACEE as your **Charity of the Year**
Take part in a **Challenge Event**
Gifts in Kind
Payroll Giving
Volunteering

To find out more about building a corporate partnership with Age Concern Epsom & Ewell please contact
Marie Thackwell

Fundraising & Marketing Coordinator

Email:

marie.thackwell@ageconcernepsom.org.uk

Tel: 01372 732 451



We built your website is a family run web design and IT services company. Thank you for helping Age Concern Epsom & Ewell with website support.

For further details please visit :
<https://webuiltyourwebsite.com>

PRIZE DONATIONS WANTED!

We are currently seeking donations of quality foods, wine and spirits, new pampering goods and gifts that can be a part of our prize hampers at our fundraising events.

If you are a business we can offer advertising through our website, social media and in our newsletters in addition to exposure at these events. It's a great way to promote your company to a wider audience.

Please do get in touch if you can help support us with donations for our future events.

Please contact

Marie Thackwell

Tel: 01372 732 451

Email:

marie.thackwell@ageconcernepsom.org.uk

WAYS TO SUPPORT AGE CONCERN EPSOM & EWELL ONLINE

 smile.amazon.co.uk

MOVE TO SMILE.AMAZON
* NO CHANGE FOR YOU
* BIG CHANGE FOR US

It's really, really easy - swop to Amazon Smile - no need to re-register or re-enter details - in fact nothing changes apart from the address you use to access Amazon. Select us as your charity and Amazon give us a % of your spending.

THANK YOU

Age Concern Epsom & Ewell
HELPING OLDER PEOPLE FEEL LESS ALONE
Registered Charity 1139452

Do you ever order goods via Amazon? Did you know that ordering your goods via AmazonSmile means that Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to the charitable organisation of your choice - us!

You do not pay any more for your shopping and you do not have to re-register. A simple click of a button and you can help Age Concern Epsom & Ewell receive donations via Amazon.

LOTTERY NEWS



JOIN OUR MONTHLY LOTTERY



Our Lottery Club is a fabulous fundraising activity that gives **YOU** the opportunity to win cash prizes every month.

40% of all money raised is paid out in prizes and
60% supports our work in the community.

For as little as £2 per month, you can help to support our work within the community and be in with a chance to win one of 3 cash prizes each month.

Below is a breakdown of the prices for both monthly and annual payment options.

Remember - You have got to be in it, to win it!

We are hoping to make it easier for our supporters to join our lottery club in 2022, with a simple direct debit set up option. To find out more about this, please email info@ageconcernepsom.org.uk.

| Number of entries | Monthly Standing Order | Annual Standing Order |
|-------------------|------------------------|-----------------------|
| 1 | £2 | £24 |
| 2 | £4 | £48 |
| 3 | £6 | £72 |
| 4 | £8 | £96 |
| 5 | £10 | £120 |
| 6 | £12 | £144 |

LOTTERY RESULTS

Our winners are drawn each month at random and we award 1st, 2nd and 3rd prizes.

The more entries we have, the bigger the prize pot.

Check out our lucky winners from June, July and August. Well done to all of our winners and thank you for your ongoing support.

June WINNERS

1st prize – Gillian Baker - £52
2nd Prize – Helen Foote -£32.50
3rd Prize – Margaret Biggart - £19.50

July WINNERS:

1st Prize - Gay Donovan - £52
2nd Prize – Helen Pilke - £32.50
3rd Prize – Geoff Thompson - £19.50

August WINNERS

1st Prize – Norma Hewitt - £52
2nd Prize – Gay Donovan - £32.50
3rd Prize – Paul Spikins - 19.50

To find out how to join our monthly lottery club, visit www.ageconcernepsom.org.uk/donations/join-our-monthly-lottery-club/ and download a registration form or call 01372 732 451 for more information.



Autumn Word Search



Y M V R A L N S E Z A Y N H Q
P J I C E O E N U I L V C A Y
X S O G S B I A P O S M H Y E
B R I A R H O O V C K A C R L
N O E R S A C T A E R L B I L
N S N N C U T R C V S L E D O
E W U F N L E I E O E A A E W
K S O R I C E S O P R B U E E
A Q O R R R T R I N A T T E G
R C B O B F E R R X U O I G N
R E W O L F N U S I T O F A A
N O V E M B E R X Y U F U I R
S E P T E M B E R S M Q L L O
N I K P M U P E H I N D S O N
E L P P A S C E N I C O R F Z

ACORN
BEAUTIFUL
CORNUCOPIA
FOOTBALL
LEAVES
OCTOBER
RAKE
SCENIC
SQUIRREL
YELLOW

APPLE
BONFIRE
CRISP
HARVEST
MIGRATION
ORANGE
RIPE
SEASON
SUNFLOWER

AUTUMN
BROWN
FOLIAGE
HAYRIDE
NOVEMBER
PUMPKIN
SCARECROW
SEPTEMBER
SUNSHINE

Add a little sparkle...



to an older person this Christmas by giving a gift to Age Concern Epsom & Ewell

These will be gifted to the older generation in our borough who are lonely or isolated, in need of a pick me up present and a pleasant surprise!

Gift Ideas

New Hot Water Bottles, Cosy Scarves & Gloves, Feet Warmers, Warm Socks, Chutneys, Jams Chocolates, Biscuits, Tea Gift Sets, Pampering goods, Mugs, Calendars, Stationery

Please drop donations to :
Age Concern Epsom & Ewell
The Old Town Hall
The Parade
Epsom
KT18 5AG
Mon - Fri 9.30 - 1pm
Registered Charity No: 1139652





Helping Older People Feel Less Alone

Our Services

Information
& Advice

Medical
Transport

Befriending

Home
Visiting

Blue
Badge

Attendance
Allowance

D.I.Y
&
I.T

Sunday Teas

Men's
Club



CONTACT US

01372 732 456

info@ageconcernepsom.org.uk

The Old Town Hall, The Parade,

Epsom, KT18 5AG

Registered Charity Number: 1139652

