

AGE CONCERN EPSOM AND EWELL



Welcome to the ACEE Summer edition newsletter



DORAH MAY HANCOCK
CHIEF OFFICER



DAWN COLLER
Volunteers Coordinator



Welcome to our Summer 2022 newsletter.

How time flies! The second half of 2022 is already upon us and let's hope the sun keeps shining as it always brightens up our day.

I noticed on my way to the office this morning that the Yarn Bombers of Ewell have been busily Yarn Bombing Ewell village to complement the amazing floral displays in readiness for the #britaininbloom competition. It all looks spectacular and good luck. After the success of our knitted bunting, crowns, the Queen and a corgi on our Platinum Jubilee Market stall, we are looking for Yarn Bombers to knit for us at Christmas.

Would you ever do a sky dive? A team of four amazing people are doing that just for us to raise funds and awareness. Please do support Charlotte, Charlie, Rosie and Joe with a donation via our website, at our Sky Dive Quiz or on our Market Stall. Information & Advice is our core service free to all the older members in our borough of Epsom & Ewell. Staff and volunteers at the end of the phone will support you with any enquiry, big or small. Have you worries about a loved one? Feel you may be entitled to benefits? Want to know more about support in the community?

Our phone lines are open Monday – Friday, 9:30am – 1:00pm.

Remember we are only a phone call away.

Tel: 01372 732 456

Being the Volunteer Coordinator for Age Concern Epsom and Ewell is a real privilege. It's inspiring to see how our volunteers make such a difference to our charity every day, not only to support our clients but our staff as well.

During my time in the role, I have noticed how volunteering means different things to different people. I am proud that as a charity we listen to all our volunteers and work closely with them so they have the best volunteering experience they can with the time they have available to spare.

We understand the importance of volunteers knowing that they are making a difference in a way that suits them, whether it's to tackle loneliness, helping the local community they live in or having a particular skill that they want to share.

We value all skills, personalities, and walks of life that our volunteers bring to us; it really does make us a wonderfully diverse family here at Age Concern and I am keen to meet more of you!

You will notice in this Newsletter that we are advertising for various roles we have to offer.

We do hope that you will see something of interest to you. I am always up for a chat about how we can fit volunteering around you, so do get in touch.



Our evening with Surrey Brass



Our evening with Surrey Brass took place in the ambient setting of Epsom College back in April and a wonderful time was had by all. There were a few surprises in the mix with sound tracks from a number of films including the Gladiator, complete with bagpipes, and the Beatles' Ticket to Ride. The MC enlightened the audience between songs with amusing insights all of which, along with impressive renditions, made for a very entertaining evening.

Local businesses were very supportive and we had 10 bumper hampers as part of our grand prize draw all including vouchers for meals out, day trips and pampering experiences, to name but a few.

Thank you to all those who came along to this event and those who supported it by way of donations. We are thrilled that the evening raised over £1400.

Little acts of kindness



We often receive lots of lovely comments and thought we'd share some with you

"I wanted to say thank you so much for being so kind and sending hearing aid batteries to me. You did it so quickly too & I am so grateful"

"I love being a part of a knitting project, I like having something to work on and all for a good cause"

"I can now use my computer to talk to my daughter in Australia"

Many thanks to Age Concern for the surprise flowers on my doorstep this morning! They now have pride of place on my window sill.



AGE Epsom & Ewell
Concern

**OUR JUNE
CURRY NIGHT**

**RAISED APPROX
£500**

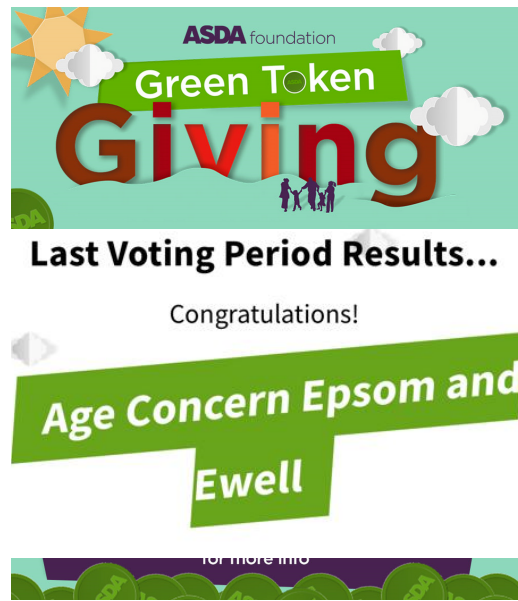
**THANK YOU TO ALL
THOSE WHO CAME
ALONG!**



We are very grateful to the Epsom Rotary Club who organised a charity variety show in April and shared the proceeds to several local charities. It was a great evening of entertainment and ACEE received a £500 donation. Many thanks to all involved.

Thank you to everyone who took part in our Asda Green Token Scheme

We are delighted to have come first and we will receive £500



We are delighted to have been chosen as the **Charity of the Year** for **Epsom Allsorts Running Club**. On Sunday 22nd May they ran their annual Hogsmill Ladies 5 Mile Run which was a big success and their cake stall raised an amazing **£437.57** for our charity.

If you would like to know more about the running club please visit:
www.epsomallsorts.org.uk

On Thursdays throughout May we held a Platinum Jubilee themed stall in the Epsom marketplace.

It helped to raise awareness of our charity and we thoroughly enjoyed meeting local people and talking about our services.

Thanks to the contributions from an array of knitters and craft makers our stall was an eye-catching display of beautiful handmade goods.

From knitted bunting to door wreaths, crowns, brooches and not forgetting our wonderful, knitted Queens & corgi - it certainly played its part in reminding everyone that some big Royal celebrations were forthcoming.

We were also celebrating our 75th anniversary and the delicious cake contributions over the 5 weeks went down a treat.

As a nod to her majesty's love of corgis, we had a dog theme at the stall too with royal dog bandanas available as well as a name the corgi competition. (Well done to the person who guessed right - Windsor was his name)

Our online dog competition ran alongside these market days and provided a lot of fun - we loved all of the entries!

The winners are included in this newsletter.



The big finale was on June 1st where we took part in Go Epsom's big family festival day in the town centre. What a turn out that was, it felt like the whole of Epsom was present that day! (Perhaps word had got around that Her Majesty the Queen would be attending our stall). We hope you enjoy looking at our photos herein.

*Thank
You
so
much!*

Thank you to all those who prepped our creative bags, knitted an abundance of beautiful goods, made door wreaths, donated hats, made dog bandanas, made cakes and volunteered on the stall.

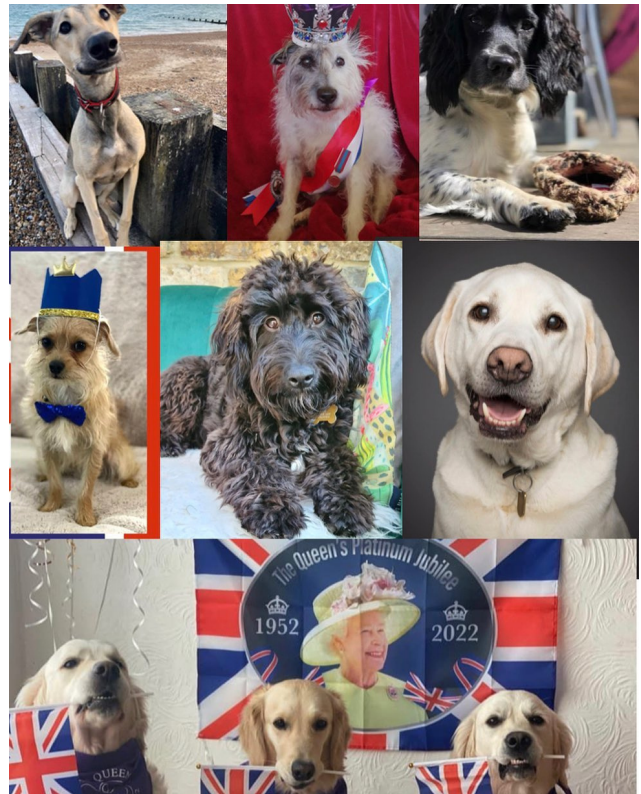
We made a staggering £1,600

Thanks to everyone who visited our stall, purchased our goods, signed up for further information, took part in our online dog show and supported us in anyway. We are extremely grateful and are very proud to be a part of such a welcoming and supportive community. We loved hearing about your plans for the long bank holiday and we hope your royal celebrations went well.





Many thanks to all those who took part in our online dog show: we really enjoyed seeing pictures of your pooches. It was very difficult to choose winners - they were all gorgeous - but well done to all those who managed to win a prize and a big thank you to Oscar Pet Food for sponsoring this initiative.



OSCAR

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- FREE Nutritional Consultation
- FREE Nutritional Advice

Dog & Cat Starter Packs



Contact **Jamie**

your local OSCAR Nutritional Advisor: 07860 / 678655



Calling all knitters, crochet & craft makers!

We're busy planning our Christmas season and we hope to have lots of lovely things in store. As part of these plans we would like to launch our

Christmas knitting and craft making projects

which will hopefully get lots of people involved in the fun of creating beautiful things for the festive season.

We hope to sell these items at our events to help raise funds and awareness of our charity from Nov- Dec.

When it comes to Christmas decorations the ideas are endless and this year we don't want to limit our range to just one thing. So if you have ideas you would like to pursue then please let us know. We have some patterns available for Terry's Orange covers, mini stockings, and various decorations - some of which have not been tried before so we are looking for people to try these patterns and to feedback with their prototypes.

If you would like to get involved please email:

Marie Thackwell at

marie.thackwell@ageconcernepsom.org.uk



VOLUNTEERING NEWS



Can you spare some time for Age Concern Epsom & Ewell?

We urgently need the following help:

- Driving our clients to medical appointments
- Driving once a month to our Sunday Teas in Stoneleigh
- We give generous fuel cover
- It's flexible and can fit around other commitments
- A valued, much needed and appreciated service

If you can assist or may know others who can, then please help spread the word. For further details please contact Dawn Coller, Volunteer Coordinator on 01372 732 458

E:dawn.coller@ageconcernepsom.org.uk

WANTED: VOLUNTEER BEFRIENDERS!



HELP BRIGHTEN UP SOMEONE'S DAY!

In June as part of Volunteers' Week we said a very big **THANK YOU** to all those that have supported us in the past and who continue to help us in so many ways.

Without you we would not be here today making life just a little bit easier for our older generation!



We built your website is a family run web design and IT services company.

Thank you for helping Age Concern Epsom & Ewell with website support.

For further details please visit :
<https://webuiltyourwebsite.com>

Would you like to brighten up someone's day and become a volunteer befriender? Age Concern Epsom & Ewell strives to tackle loneliness in older people within the borough. Whether it's a cup of tea and a chat or sharing a crossword, just spending quality time with someone each week can make a difference. We carefully match all our volunteers with our clients to help create new friendships.

If you would like to know more please contact our Volunteer Coordinator: Dawn Coller on Tel: 01372 732 458
dawn.coller@ageconcernepsom.org.uk



JOIN AGE CONCERN EPSOM & EWELL
FOR OUR

Sunday Teas & entertainment

On the 2nd Sunday of every month
at Stoneleigh Methodist Church

Transport can be provided on request

For further information please call:

01372 732 456

Sunday Teas are back
taking place between
2.30 - 4.30
on the second Sunday
of every month.
Tel: 01372 732 456

*We would like to thank
The Epsom Arts Society
for their much valued
sponsorship of our
Sunday Teas to help
support our creative
output.*



THE ARTS
SOCIETY
EPSOM

Our Men's Group meets
once a month and they
enjoy a nice afternoon of
good food, company and
conversation.

To find out more about
future meet-ups please
contact Dawn Ferris on
01372 732 456
dawn.ferris@
ageconcernepsom.org.uk



INTRODUCING OUR SKYDIVING TEAM!

Meet our team of daredevils willing to jump from a plane for Age Concern Epsom & Ewell on Sunday 18th September in Kent

CHARLIE BACON



CHARLOTTE CROCKFORD



ROSIE HOBBS



JOE HORNER



Sponsored by

THE
FAMILY
BUILDING
SOCIETY

**UK SKYDIVING**
ADVENTURES

Gold
Trusted
Service
Award
★★★★★
2019 feefo

Our **Sky Dive** takes place on
Sunday 18th September in Kent

Jumping from an aeroplane is no mean feat and our courageous team is doing just that to help raise funds and awareness for Age Concern Epsom & Ewell

Please support our team!

You can donate to the team or individuals by visiting the **What's On** pages of our website

www.ageconcernepsom.org.uk

Other ways you can support our sky divers

Book a place at our upcoming quiz night on **Sat 3rd Sept and / or visit our market stall on 21st July.**

Our stall will have lots of fun and games taking place for young children to include Sky Dive related crafts and a lucky dip. We'll also have scrumptious cakes available to purchase plus lots more.

**Thanks in advance for supporting our brave team!
We are very grateful to The Family Building Society
for sponsoring this fundraiser.**

THE
FAMILY
BUILDING
SOCIETY



Gold
Trusted
Service
Award
★★★★★
2019 feefo[™]

UPCOMING EVENT

QUIZ NIGHT

Join us for a fabulous Quiz Night to support our team of Sky Divers who will be jumping from a plane to raise funds and awareness for Age Concern Epsom & Ewell.

Our wonderful quizmaster will provide a highly entertaining evening and there'll be slices of pizza, nibbles and a drink all tied in with your ticket price too.



When: **Saturday 3rd September**

Time: **7pm**

Where: **Ruxley Church Hall,**
Ruxley Lane, West Ewell, Epsom,
KT19 0JG

Costs: **£15pp**

To book tables of 6 please visit:

<https://www.jumblebee.co.uk/aceequiznight>

or for smaller numbers please call **01372 732 451** and we'll organise the teams on your behalf.

The sky dive takes place on Sat 18th Sept in Kent. Donations can be made to the team by visiting the What's On page of our website:

www.ageconcernepsom.org.uk

Dates for your diary

Sky Dive Fundraisers

Thurs 21st July ACEE Market Stall

Sat 3rd Sept ACEE Quiz Night

Fri 28th Oct Comedy at the College

Our Autumn/ Winter newsletter will be available at the end of September and will be full of news in preparation for the festive season

Leaving a Legacy

For a charity such as ours a gift left to us in a Will can really make an impact to our older local community and it can help us to sustain and grow the services that we provide.

**5th - 9th Sept Will you?
Remember a charity week**

To find out more about how you can support Age Concern Epsom & Ewell please contact
01372 732 456



PRIZE DONATIONS WANTED

As you will see throughout this newsletter we have a few fundraising events in the pipeline over the next few months taking us up until Christmas. We are currently seeking donations of prizes so that we can compile some lovely hampers for these special occasions.

If you are a business we can offer advertising through our website, social media and in our newsletters in addition to exposure at these events. It's a great way to promote your company to a wider audience.

If you are an individual who would like to support us we are hoping for new quality pampering goods, luxury foods, wine and spirits to name but a few.

Please do get in touch if you would like to support our upcoming events by way of donations.

Please contact

Marie Thackwell

Tel: 01372 732 451

Email: marie.thackwell@ageconcernepsom.org.uk

Remembering Peter Mills



Peter Mills was introduced to ACEE Mens Group by his daughter Sue who felt it important her father kept in touch with communal activities in his later years and make new friends. Sue recalled that at first Peter wasn't so keen on the idea but came to a group games event and soon found the camaraderie amongst the members compelling and quickly joined in and looked forward to planned gatherings on the ACEE timetable. Peter opened his home to host 'Mexican Train' meetings approximately once monthly and Sue laid on teas and snacks which always proved popular:- the group was designed around member interests. Peter had mobility difficulties and members gave support with transport so he was able to attend a variety of community events. Peter was of a cheerful disposition and enjoyed recalling stories of his exploits on his boat on the Thames, his work as a building manager for the local Council and flying light aircraft to name but a few. Bonds built between his close family and ACEE created an inclusive and comfortable environment Peter liked and so often family parties extended invitations to group members. Unfortunately covid, in an untimely way, halted ACEE meetings when Peter sadly passed away in his mid nineties just as activities were ongoing again. Peter's life was celebrated at a fund raising event for Age Concern held at Sue's home in the Summer and he is warmly remembered and touched by all who knew him.

It was Peter's wishes that those thinking of giving flowers would consider making a donation to Age Concern Epsom & Ewell instead. These donations in memory of Peter Mills totalled £1035



On Saturday 25th June Peter's daughter, Sue, and her family organised a fundraising garden tea party in memory of Peter.

The afternoon consisted of delicious food and cakes galore and included a bumper raffle which was supported by many local businesses. There were over 30 people in attendance who enjoyed the pleasant afternoon in the tranquil surroundings of Sue's beautiful garden.

The grand sum of £1110 was raised.

On behalf of everyone here at Age Concern Epsom & Ewell we would like to thank you for this invaluable support.



There is a saying that everyone has a book in them. We were impressed to hear that one of our clients released theirs ...

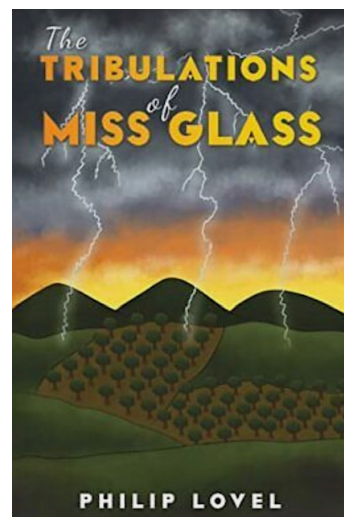
It's not every day you meet someone that's had a book published but one of our clients, Philip Lovel, had decided to pen a novel in his 70s! We thought we'd share some of this information with our readers just in case we have any aspiring novelist out there.

We asked Philip how he developed a taste for writing...

"I suppose a liking for writing has grown in recent years as a hobby, because at school and in my younger days such a thing didn't particularly interest me. But my former occupation – police officer- demanded it.

Since retirement I decided to have a go at fiction writing, mainly, I suppose because my mother wrote poetry but also to prove I could do it. I started writing in about 2013 in my 70s and the book was published in February this year. I decided to write detective fiction for obvious reasons and the book is set in Great Malvern in Worcestershire. I didn't serve there, I was in the Met, but even if people don't know Malvern they hopefully will still enjoy the book.

I'm in the process of writing a second novel again set in Malvern, also detective fiction. The first novel was partially funded by a contribution from me, so it's a sort of hybrid self-publishing.



I didn't knock on any publishers' doors but simply took the plunge and selected a lesser known company from the web. To attract the interest of what I would call a traditional publisher these days requires the services of a literary agent, as they won't accept unsolicited manuscripts ; whereas my publisher did and a very good job they did too. Regarding starting out, I think persistence is the name of the game."

The Tribulations of Miss Glass by Philip Lovel

Great Malvern sleeps peacefully beneath the quiet splendour of the hills and next to the comforting presence of Malvern Priory. But this apparent serenity is suddenly broken by the disappearance of a local headmistress in mysterious circumstances, leaving local police struggling to find a reason.

Published by Austin Macauley, London, £8.99.

Available from Waterstones, Smiths or Amazon ; prices vary.

Also available on Kindle.



ON SATURDAY 18TH JUNE A LOCAL LADY CONTACTED WHATS ON IN EPSOM AFTER HER 91 YEAR OLD MOTHER CAME SO CLOSE TO LOSING EVERYTHING. THE VICTIM AND HER DAUGHTER WOULD LIKE TO RAISE AWARENESS HOW EASY IT WAS AND TO WARN OTHERS HOW NOT TO FALL VICTIM.

IT HAPPENED BETWEEN 6-7PM ON SATURDAY 18TH JUNE IN EPSOM, SURREY. THE DAUGHTER GOT A PHONE CALL FROM HER MOTHER ASKING IF ANY ONE OF THE FAMILY COULD GO ROUND TO HOLD HER HAND BECAUSE THE POLICE WERE COMING ANY MINUTE TO COLLECT HER BANK CARDS AND ALL HER CASH. THEY HAD CALLED HER ON THE PHONE TALKING TO HER FOR AN HOUR. THE PERSON WAS 'PC SMITH' TO SAY THAT SOMEONE HAD CLONED HER CARD AND WITHDRAWN £250. THEY GAVE HER A NUMBER FOR LLOYDS BANK TO REPORT IT, WHICH SHE DID, AND THE BANK SAID THEY WOULD GIVE HER THE £250 BACK AND WOULD CANCEL HER CARDS. THEY ALSO ASKED HER TO READ OUT ALL OF HER LATEST TRANSACTIONS. SHE TOTALLY BELIEVED THEM. THANK GOODNESS SHE MESSAGED HER DAUGHTER WHO SAW THE MESSAGE AND ACTED IMMEDIATELY.

AS SOON AS THE DAUGHTER RECEIVED HER MESSAGE SHE TRIED RINGING BUT THE SCAMMERS WERE STILL KEEPING THE LINE OPEN EVEN THOUGH SHE SAID SHE WASN'T TALKING TO ANYONE. THE DAUGHTERS HUSBAND WENT STRAIGHT AROUND TO HER FLAT AND THE DAUGHTER CALLED 999. WHEN THE HUSBAND ARRIVED HE FOUND HIS MOTHER-IN-LAW LOOKING FOR A MAT WHEN ASKED WHY SHE TOLD HIM "THEY ASKED ME TO PUT MY CASH AND CARDS IN AN ENVELOPE AND PUT THEM UNDERNEATH A DOORMAT FOR COLLECTION." THE SCAMMERS CALLED AGAIN AND THE MUM PASSED THE PHONE TO THE HUSBAND THE SCAMMERS RANG OFF STRAIGHT AWAY.

THE WHOLE THING WAS VERY CONVINCING AND THE MUM WAS TOTALLY TAKEN IN. THEY DIDN'T TAKE THE CARD NUMBERS OVER THE PHONE OR THE CCV BUT SHE GAVE THEM HER PIN NUMBERS. THEY WOULD HAVE COLLECTED THE CARDS AND EMPTIED HER ACCOUNTS.

THE POLICE DID ATTEND AND HAVE TOLD THE FAMILY THAT THE CRIMINALS NEVER PICK UP THE CARDS THEMSELVES BUT USE COURIERS, SO IT'S VERY DIFFICULT TO CATCH THEM.

PLEASE SHARE AND WARN VULNERABLE FRIENDS, RELATIVES AND NEIGHBOURS.

ALL INCIDENTS OF FRAUD SHOULD BE REPORTED TO ACTION FRAUD WHICH IS THE UK'S NATIONAL FRAUD REPORTING CENTRE. YOU CAN ALSO REPORT BY CALLING 0300 123 2040 MONDAY TO FRIDAY 8AM – 8PM

Business Sponsorship

The last two years have made it very difficult for Age Concern Epsom & Ewell to run fundraising events. We aim to bounce back with some very exciting initiatives over this coming year and would like to put a call out to local businesses to support us by way of event sponsorship. In turn we will ensure great marketing packages for our partners to include: newsletter advertising, website links, social media promotion, logos on event literature & radio promotion.

Should you or your family members work for a business that may like to support Age Concern Epsom & Ewell please contact:

Marie Thackwell
Fundraising & Marketing Coordinator
Email: marie.thackwell@ageconcernepsom.org.uk
Tel: 01372 732 451

WAYS TO SUPPORT AGE CONCERN EPSOM & EWELL ONLINE



Do you ever order goods via Amazon? Did you know that ordering your goods via AmazonSmile means that Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to the charitable organisation of your choice - us!

You do not pay any more for your shopping and you do not have to re-register. A simple click of a button and you can help Age Concern Epsom & Ewell receive donations via Amazon.

The Giving Machine



You can now generate free donations for Age Concern Epsom & Ewell every time you shop online via The Giving Machine.

To raise funds for Age Concern Epsom & Ewell at no extra cost to you, simply add our quick sign up code: **266605** when you register.

LOTTERY NEWS



JOIN OUR MONTHLY LOTTERY



Our Lottery Club is a fabulous fundraising activity that gives **YOU** the opportunity to win cash prizes every month.

40% of all money raised is paid out in prizes and
60% supports our work in the community.

For as little as £2 per month, you can help to support our work within the community and be in with a chance to win one of 3 cash prizes each month.

Below is a breakdown of the prices for both monthly and annual payment options.

Remember - You have got to be in it, to win it!

We are hoping to make it easier for our supporters to join our lottery club in 2022, with a simple direct debit set up option. To find out more about this, please email info@ageconcernepsom.org.uk.

Number of entries	Monthly Standing Order	Annual Standing Order
1	£2	£24
2	£4	£48
3	£6	£72
4	£8	£96
5	£10	£120
6	£12	£144

LOTTERY RESULTS

Our winners are drawn each month at random and we award 1st, 2nd and 3rd prizes.

The more entries we have, the bigger the prize pot.

Check out our lucky winners from Feb, March and April. Well done to all of our winners and thank you for your ongoing support.

FEBRUARY WINNERS

1st prize – Eileen Hopper - £52.80

2nd Prize –Helen Pile - £33.00

3rd Prize – Gloria Fox - £19.80

MARCH WINNERS:

1st Prize - Louise Saunders - £54.00

2nd Prize – Norma Hewitt - £33.75

3rd Prize – Gay Donovan - £20.25

APRIL WINNERS

1st Prize – Peter Valentine- £52.80

2nd Prize – Sheila Leech - £33.00

3rd Prize – Shirley Chambury - £19.80

To find out how to join our monthly lottery club, visit www.ageconcernepsom.org.uk/donations/join-our-monthly-lottery-club/ and download a registration form or call 01372 732 451 for more information.

CAN YOU COMPLETE THIS WORDSEARCH?

Sign up to our newsletter via our website



SKYDIVING

WORD SEARCH PUZZLE

- AIR
- BRAVE
- CLOUD
- DOWN
- FALL
- FLOAT
- GOGGLES
- HELMET
- HIGH
- HOBBY
- HOT
- JUMP
- LANDING
- LEAP
- LEARN
- LESSON
- LOOP
- PARACHUTE
- PLANE
- PICTURE
- PLUNGE
- RUSH
- SPORT
- STUNT
- SUIT
- TARGET
- THRILL
- TRICK
- VIDEO

H E L M E T N W O D L
 G S T U N T T I U S L
 O P M U J S K O E F I
 G R T Y H D L V L E R
 G U R G O C A O R G H
 L S I E B R A U T N T
 E H C N B T T R R U N
 S V K A Y C O A A L O
 R I A L I P E I L P S
 V D I P S L E A P O S
 T E G R A T F N G O E
 T O H G N I D N A L L

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY. Find and circle each word.



Remember to follow us on social media



CONTACT US

01372 732 456

info@ageconcernepsom.org.uk

The Old Town Hall, The Parade,

Epsom, KT18 5AG

Registered Charity Number: 1139652

