



**A message from our
Chief Officer
Dorah May Hancock**

Welcome to our Autumn newsletter.

That Autumnal feeling is here but good to see that we have lovely blue skies every now and then to brighten up our day.

This is our 78th year supporting the older generation in our borough and as a small local charity we are very proud of all that we get up to and I do hope you enjoy reading our latest newsletter.

Our news article on George and Claire's befriending story is so heart-warming. At 105 for George to say that "Claire's visits bring a real spark to my week" makes me smile and reminds me that all 43 of our volunteer befrienders do that once a week when making that very special visit to that older person making them smile.

Our yearly AGM was a great success. Many attended and were most supportive when hearing about our year's achievements and voting in our next cohort of trustees who support me and our team of 9 part-time staff and we give them a big thank you for all their invaluable help. Our president, The Worshipful the Mayor of Epsom & Ewell Robert Leach, presided over our AGM and we thank him for his support and also making us laugh with a few anecdotes.



If you missed this year's Epsom Sounds Music festival I have a date for your diary for next year: Saturday 19th September 2026. It really was an uplifting festival and even got me dancing! With Age Concern Epsom & Ewell beer mats for sale, 20 great prizes were won and the whole event raised £3,750. We must thank the organisers for choosing us as their charity and we are delighted that we will be working together to bring an even bigger and more exciting festival next year!

Dare I mention the word 'Christmas'?! Here is a date for your diary: our fourth Candlelit Christmas Concert at Christ Church on Epsom Common, on Friday 5th December. Further details enclosed in this newsletter, *take note of the special compere joining us!*

Do remember that we are always here to support you whether you are from the older generation in our borough, a family member with concerns about an older loved one, a neighbour or friend.

Let's remind ourselves that

**"Alone we can do so little;
together we can do so much"**



Keep an eye out for our wonderful befriending duo, George & Claire, who proudly featured in this year's Remember A Charity Week PR campaign!

Alongside the stories of other member charities, they've helped highlight the crucial role that legacy gifts in Wills play in sustaining essential services - something especially important for Age Concern Epsom & Ewell. You can see their appearance on Remember A Charity's social media channels, website, and in a wonderful film. You can also read more about their story in our article inside.

We're incredibly grateful to George & Claire for helping our charity shine and for championing the important work of smaller, independent charities.



Our services for older people living in Epsom & Ewell



Information & Advice

Our Information & Advice telephone line is open 9.30am -1pm, Mon - Fri.

We provide free and confidential information and advice on a wide range of issues that affect older people.



Medical Transport

Do you need transport for your medical appointments?

Our team of volunteer drivers will collect you from your home, take you to your appointment and then bring you home again.



Home Visiting

Our Home Visitor can assist you with applications for Blue Badges, Attendance Allowance and much more in the comfort of your own home.



Sunday Teas

Sunday Teas are held on the second Sunday of each month

Afternoon tea and entertainment is provided.



Befriending

Our Befrienders are volunteers who spare an hour or two a week to visit a lonely or isolated older person.

**Our offices are open
9.30am - 1pm, Mon - Fri.
The Old Town Hall,
The Parade,
Epsom,
KT18 5AG**

For all enquiries please contact:

Age Concern Epsom & Ewell

01372 732 456

info@ageconcernepsom.org.uk

www.ageconcernepsom.org.uk

Registered Charity No: 1139652

SCAN HERE



Age Concern Epsom & Ewell News



We've enjoyed a couple of fragrant Sunday Teas over the summer, where flower arranging and nature-themed talks provided delightful afternoons, with beautiful colours and scents filling the room.



Flower arranger Sue Merchant says:

'We enjoyed a lovely afternoon of flower arranging at the August Sunday Tea, based around the commemoration of VJ Day and using mainly the colours of the Union flag - red, white and blue - with some yellow flowers signifying joy and happiness.'



'Everyone was given a specially designed flag marking the 80th anniversary of VJ Day and all were delighted with their completed arrangements which they took home at the end of the day'



Sunday Teas take place on the second Sunday of the month, between 2.30pm - 4.30pm at St Mary the Virgin Church, Worcester Park.

'They offer the opportunity to enjoy sandwiches, tea, cakes and good company along with various types of entertainment each month.'

For further information please call 01372 732 456

Sunday Afternoon Tea with Howard Gregory from Elms over Epsom



Howard says " I had a wonderful afternoon at Age Concern Epsom & Ewell's Sunday Tea. I started with my talk **Enigmatic Elms – The Story So Far**, exploring the history of elms in the UK, Dutch elm disease, and local resistant varieties. Guests were surprised at how many elm types grow around us and enjoyed learning about the habitat creation work at the 'In Memory Woodland' at Long Grove Park, Epsom, including elm planting for butterflies.

My interactive **Crush it, smell it, tell me what it is!** session was a hit, with plants from camphor and lemon verbena to the pungent Rose Glory Bower sparking lively discussion. Janet, a blind lady, loved feeling the flowers and even requested one for her garden. It was a joyful, sensory afternoon that combined learning, laughter, and a shared love of nature."



Thank you Howard for your engaging and interactive talk which brought the wonders of nature and the environment to life, sharing a wealth of knowledge that truly captivated everyone in attendance.

Age Concern Epsom & Ewell's 'In Memory Woodland'



REFLECT, REMEMBER AND CONNECT WITH NATURE

Nestled in the heart of Long Grove Park, Epsom, the Age Concern Epsom & Ewell 'In Memory Woodland' is a serene space designed to offer visitors a quiet place to reflect, remember, and connect with nature.

We warmly invite you to visit the 'In Memory Woodland' - whether you're remembering a loved one or simply enjoying the peaceful, growing woods. Take a moment to sit on one of our benches and soak in the beauty of nature all around you. As the seasons change, this tranquil space offers a place for contemplation and connection with the cycle of life. From the vibrant green of spring and summer to the rich hues of autumn and the bare branches of winter, this woodland is a testament to the enduring power of nature.

We are proud to work alongside the **Epsom & Ewell Tree Advisory Board** in planting a variety of tree species such as Elm, Silver Birch, Rowan, and Pine. In addition to these majestic trees, you will find a range of vibrant bulbs, including daffodils and bluebells, that bloom each spring, bringing new life to the area. Look out for the rich wildlife the woodland attracts too, from bees and butterflies to birds and mammals.



A woodland haven for all in the community to visit and enjoy.



An oasis for insects, small mammals and visiting birds.



A broad range of trees and plants to attract and sustain native fauna.

Registered Charity No. 1139652

Plan your visit

Found in the south-west corner of Long Grove Park, the woodland is a short walk from the nearest public car park, with clear signage and a tarmacked, accessible path. Benches offer a peaceful spot to rest and reflect.



The 'In Memory Woodland' is located in Long Grove Park, Epsom, KT19 8TF

IN MEMORY
Woodland
AGE
CONCERN
EPSOM & EWELL



Age Concern Epsom & Ewell News



Men's Group



Our Men's Group enjoys monthly get togethers providing an opportunity to relax and chat over a meal and a pint.

Pictured here is our summer visit to the lovely Station Pub in Stoneleigh. We currently have a waiting list for these meet-ups but please do consider joining our Sunday Teas if you are looking to get involved in regular socials.

Please see further details enclosed.



Invite us for a chat. We love visiting local community groups, retirement homes, care homes or housing associations to talk all about our charity's fantastic services and support.



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about **Attendance Allowance**

If you (or a family member) live in the Borough of Epsom and Ewell and have reached state pension age and have long-term physical or mental health issues or a disability that significantly affects your daily living, with care or supervision needs, which you have had for more than 6 months* and which are likely to be ongoing, you may be eligible to receive the **Attendance Allowance**. It's tax free and not means-tested and is based on the care you need, not what you're getting. *[You cannot claim Attendance Allowance if you already receive Disability Living Allowance or Personal Independence Payment]*

Eligibility

You can apply for Attendance Allowance for free, by downloading the forms from the GOV.UK website Attendance Allowance claim form - GOV.UK (www.gov.uk) or by requesting these from the Department of Work and Pensions (DWP) on 0800 731 0122.

If you need help with the application our Home Visitor will come out and complete the forms for you. This takes about 2 hours. There is a small charge for this service.

Attendance Allowance covers a range of conditions such as physical disabilities, illnesses, dementia and mental health issues and sensory impairments (more details on the DWP GOV.UK website).

There are some tasks you may find difficult and might need assistance with: personal care, washing and bathing, using the toilet; help with eating and drinking or cutting up food; help with dressing; assistance getting in and out of bed; help to keep yourself safe and to avoid accidents. Also note if things take you a long time or make you breathless or tired; and any equipment or aids you may need. All this information will help DWP with their decision - this takes about 12 weeks.

"She took all the worry away about filling in forms"



Increased needs or turned down previously?

If your previous application has been refused it doesn't mean that you can't make another application, especially if your needs have increased. The same applies if you receive the lower rate allowance and you now feel you should qualify for the higher rate (both day and night care needs). As long as you have had the condition or disability for more than 6 months*.

The allowance may help you to keep living independently



Contact us

If you'd like Age Concern Epsom and Ewell to help you with your application, please call our Information and Advice Helpdesk on **01372 732456**, between 9.30am - 1.00pm Monday to Friday, to ask any questions and to book and pay for your appointment.

We can also help with arranging a Home Visit to apply for a Blue Badge or Pension Credit. We can also support you with information and advice on issues you may need help with or with referring or signposting you to other services.

*Your application is fast tracked if you have a terminal illness / SRI form

Celebrating Our Volunteers

We are proud to have 176 volunteers supporting our work across a wide range of roles.

In just the first six months of this year:

Our **Medical Transport Desk volunteers** and **drivers** arranged and carried out **462 drives** to medical appointments.

The **Information and Advice** team handled **1,284 enquiries**.

Our **DIY and IT volunteers** supported **69 clients**. And that's not all—**43 befrienders** visit clients each week, **30 Sunday Tea helpers and drivers** bring joy to monthly socials, **10 office admin volunteers** keep everything running smoothly, **34 knitters and bakers** share their talents, **50 ad hoc volunteers** step in whenever needed, and our **7 Trustees** guide our strategy.

We are incredibly fortunate to have so many community-minded people in our area, all willing to give their time and skills to make a real difference.



If you would like to join our wonderful volunteer team please get in touch.

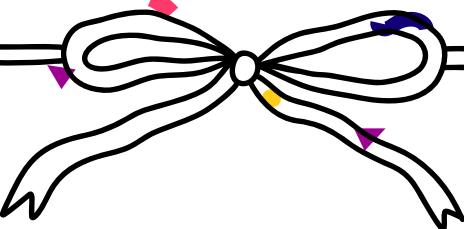
We could have just the role for you!

For further information please contact our Volunteers' Coordinator, Sue Brinsden

Sue.Brinsden@ageconcernepsom.org.uk

Tel: 01372 732 458

Volunteer's Party



At the beginning of September, we hosted a party for our volunteers at the Comrades Club in Epsom, following our AGM, to say a huge thank you for the time and enthusiasm they give to support our clients.

Nearly 50 volunteers joined us, along with their guests, staff, and trustees, creating a wonderful buzz in the room.

A tasty spread of food was enjoyed while volunteers chatted, shared stories, and discovered more about each other's roles. The evening was a special chance for people - especially befrienders, who often volunteer alone, to connect, feel a sense of belonging, and be part of something bigger.

Every volunteer received a raffle ticket and was in with a chance to win one of five vouchers.

We received some lovely feedback afterwards:

"I really enjoyed the evening, especially meeting other volunteers and hearing their stories."

"Thank you for all your organisation... we had a chance to meet lots of interesting people."

"The sandwiches and little cakes were delicious!"

"Lovely evening, thank you."

Epsom Sounds Music Festival



Saturday 20th September was a day to remember as the inaugural Epsom Sounds Music Festival brought the community together for an unforgettable celebration of local talent and great music!



Age Concern Epsom & Ewell was honoured to be the partner charity for this fantastic event, which shone a spotlight on our borough's brilliant musicians. Hosted across McCafferty's and The Marquis of Granby pubs, the music kicked off at 2pm and ran through to midnight, with performances every hour.



From teenage bands to seasoned rockers, the festival showcased music from across all genres — truly offering something for everyone. The atmosphere was electric, with a great turnout throughout the day, and festival-goers were only too happy to take a punt on our special numbered beer mat prize draw, all in support of our cause.



🎉 Our Huge Thanks Go To:

- 🎸 McCafferty's Epsom and The Marquis of Granby-Epsom our host venues.
- 🥁 Drumz Epsom and the Prime Numbers for the use of their sound equipment
- 🍛 Blue Mint Indian Restaurant, Epsom, for sponsoring this event
- 🎸 The 70 incredible musicians who delivered 19 hours non-stop, unforgettable music

🙌 The 22 amazing volunteers who supported Age Concern Epsom & Ewell throughout the day
❤️ And of course, the wonderful public who came out in force to enjoy the music and support our charity!

To everyone involved on or off stage, thank you for making it such a great day!



We would also like to thank the following businesses for supporting our grand prize draw; *The Epsom Playhouse, Mayfield Lavender Cafe, Denbies Wine Estate, Liquid Gold Whisky Co, Nandos, Waterstones, The Secret Garden, Eden's Little Bakery, Picky Bits, Flowerwise, Total Look Hair & Beauty, PictureSnap, ProCook, Kate McBarron and Home Instead.*



The event raised a staggering £3750!

QUIZ NIGHT

AGE
CONCERN
EPSOM & EWELL

Sat 18 Oct, 7pm

Epsom Town Social Club, 39 Church St, Epsom, KT17 4PW

**JOIN US FOR A FABULOUS
NIGHT OF FUN!**

Not a whiz with a quiz?

No problem! Our brilliant quizmaster will host an evening pitched for all to enjoy.



Slices of pizza and a free drink tied in with your entry ticket!



Costs: £15 per person

Book your teams of six here:

<https://www.jumblebee.co.uk/quiznightepsom>

Tel: 01372 732 451

If you don't have a group please book an individual ticket and we will include you in a team.

Sponsored by



*A fundraising event in aid of Age Concern Epsom & Ewell
Registered Charity No: 1139652*



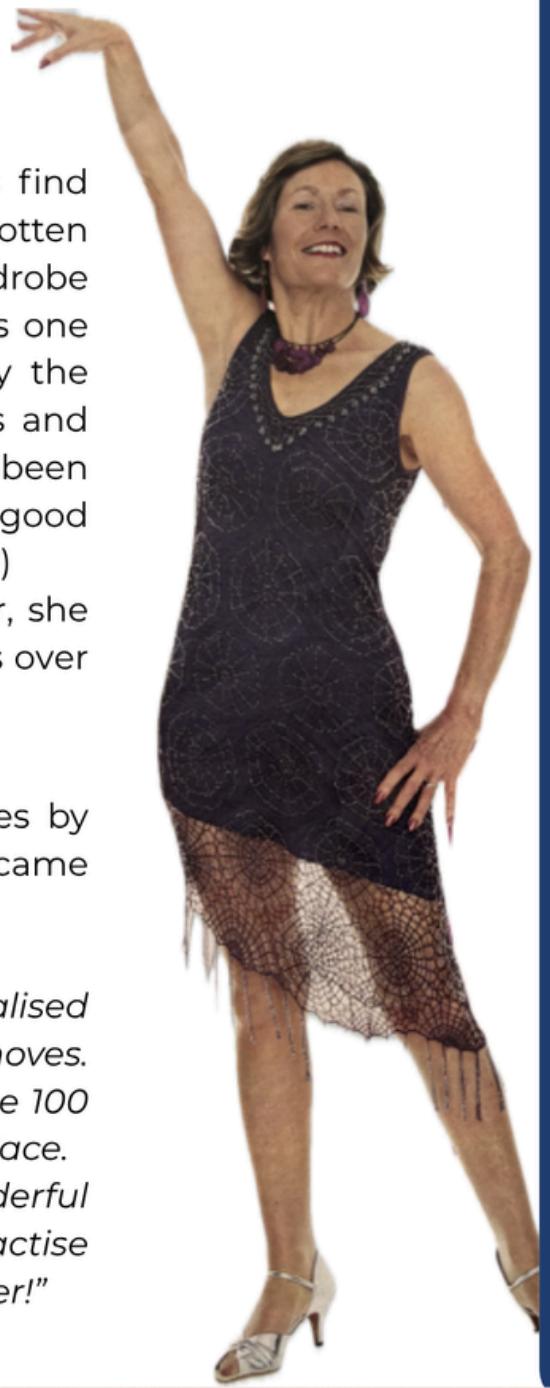
Dancing through Life -Janice's Story

As we move into the autumn season, many of us find ourselves exploring new hobbies or returning to forgotten passions. It's a time when we might refresh our wardrobe for the cooler months, refine our diets after perhaps one too many summer indulgences, or get inspired by the latest wave of wellness advice flooding our screens and airwaves. One recent finding made me smile: it has been scientifically proven that kitchen dancing is actually good for our health. (Great news for secret kitchen dancers!)

I recently met a lady who knows just that. However, she was ahead of the trend as it was one of her pastimes over thirty years ago!

Janice first dipped her toes into dance in her fifties by joining a jazz-style fitness class. But it quickly became more than that.

"I joined just for fun," Janice told me, "but I soon realised just how much I loved learning the complicated moves. My friend then encouraged me to come along to the 100 Club on Monday nights where swing dancing took place. I watched at first, and I was smitten by the wonderful dancers. So much so, that once home, I would practise the moves, holding the kitchen doorknob for a partner!"



It was through these sessions that Janice met the love of her life, Eric. What started as a dance partnership soon blossomed into romance and eventually, marriage. For over 25 years, Janice and Eric danced together, competing across the country and performing in care homes and day centres.

"Seeing the joy it brought to others was just wonderful," Janice said. "Audiences would start joining in—it was so uplifting."



Though Eric sadly passed away six years ago, Janice's love of dance never faded. She continues to dance to this day, taking part in sessions two to three times a week. Her dedication is both moving and inspiring.

A passion for words

Janice's commitment to physical activity started young. She was a passionate netball player, competing at county and national levels until her 40s. These days, she keeps active by playing tennis and attending seniors' sessions at the Rainbow Leisure Centre in Epsom. But dance and sport are just part of Janice's story. In more recent years, Janice has discovered a love for poetry. She's attended regular classes at the City Lit in London and has written over 60 poems. Reflecting on her creative journey, she shared:

"I've always enjoyed writing. For years, it was an ambition of mine to be a journalist."

Although her career path led her elsewhere, words remained close to her heart. She eventually self-published her autobiography- for her family and friends to enjoy.

Almost Famous

Janice jokes about her brushes with fame and success over the years: nearly making Team GB in netball, being PA to the rich and famous, collecting a bronze in national dance competitions, and publishing her life story. I was so impressed with her zest for life - a spirit that keeps her moving, writing, and inspiring others. Janice currently runs monthly poetry sessions at a care home in Twickenham, helping to evoke thoughts and feelings and turning them into literary art.

Words of Wisdom

I asked Janice what she would say to someone who thinks, "Well, I'm not a writer," or "Poetry isn't for me." Her response? "Everyone has a story and everyone has something to say. I like to put my work out there and so I do enter competitions—but my personal journey was for my family alone."

Janice's story is a beautiful reminder that it's never too late to try something new, follow a passion, or even find love on the dance floor or in the kitchen. Whether it's through movement, creativity, or connection, the secret to a rich life may just be doing what makes your soul dance.

A career of surprises

Janice trained as a languages teacher, but her life has included some fascinating detours. At 18, she spent a year in Brussels as an au pair, taking language lessons during her stay. Later, when her children were young, she enrolled in a degree course at Keele University. As part of her studies, she lived in Brittany for a year-taking her children with her, a bold move at the time. Before this, she worked as a secretary to a London entrepreneur, which led to a stint as personal assistant to none other than 60s fashion icon Twiggy.

"She was a lovely girl," Janice recalled, "with a certain aura with her groundbreaking waif, eleven style. I remember the day Twiggy complimented me on my Mary Quant-style outfit - I was on cloud nine!"



Interview with Marie Thackwell

**AGE
CONCERN
EPSOM & EWELL**

Would you like to take up a new class or hobby?

At Age Concern Epsom & Ewell we keep lists of activities taking place in our borough.

From book clubs to bowls, knitting to nattering, tennis and other forms of fitness sessions.

Do give us a call on 01372 732 456

for further information.
Mon - Fri, 9.30 am - 1 pm

Did you know...?

Tea Dances take place at Bourne Hall every Thursday 1.30 - 4pm
Contact :Mr Wonderful
Dancing on 07860 707480

Enjoy a trip down memory lane with 'Our Stories' at The Wells Community Centre, Epsom. Monthly workshops, to explore fond memories through writing and conversation. This is a chance to capture moments from your life on the page, all in a relaxed atmosphere.

No pressure to share. Expect a warm welcome and a hot drink! First session is free.

For more info or to book contact Kate on 07438 823 728

Change a Life. Leave a Legacy.

Remember A Charity Week

September 2025

During **Remember A Charity Week (8-14 September 2025)**, Age Concern Epsom & Ewell proudly joined nearly 200 charities across the UK to thank those who have chosen to leave a gift in their Will to a cause they care about. These generous legacy gifts are absolutely vital to the future of Age Concern Epsom & Ewell - enabling us to continue providing key services such as Information and Advice, Medical Transport, Social Support, and our much-valued Befriending Service.

As part of the week's celebrations, we chose to shine a light on our befriending service, which provides companionship and connection for older people in our borough. This service, and the staff members who support it, is made possible thanks to legacy gifts left to us in Wills. These lasting contributions allow us to bring people together and combat loneliness in later life.

A powerful example is George and Claire, who were matched through our befriending service in 2023. George, now 105, lives alone and treasures Claire's weekly visits. **"Claire's visits bring a real spark to my week. We laugh, we chat, it's just lovely to have someone to share life's stories with,"** he said. Claire added, **"Spending time with George is so rewarding, we're always learning from each other."**

Gifts in Wills make stories like George's possible. They not only fund essential services, but also help us support

Thank you



A big thank you to our supporters who have pledged a gift in their Will. Even the smallest donation makes a huge impact.

When we think about leaving a legacy it doesn't have to be something grand or unattainable - every little bit means so much. Leaving a legacy makes a difference, not only to our charity, but to the people we help.

REMEMBER A CHARITY
IN YOUR WILL

25 YEARS OF COLLABORATION



Image shows George, Age Concern Epsom & Ewell Befriending Client

more people like George and remain there for older people in Epsom and Ewell. These legacy contributions give our charity the stability to plan ahead with confidence, so that no older person in our community is left behind.

Lucinda Frostick, Director of Remember A Charity, said: **"This Remember A Charity Week, we have come together to celebrate and thank all those people who have chosen to do something wonderful in remembering their favourite charities in their Will, alongside their loved ones. This enables people's values to live on long beyond their lifetime. And, collectively, these donations have the potential to transform the future – funding life-saving services and offering hope and opportunity for the next generation."**

Find out more

If you'd like to find out more about leaving a lasting local legacy, request our 'Will Writing & Legacy Pack'



Age Concern Epsom & Ewell

01372 732 456 (Mon-Fri, 9.30am-1pm)

info@ageconcernepsom.org.uk

www.ageconcernepsom.org.uk

Charity No. 1139652

Candlelit Christmas Concert

Fri 5th Dec 2025

With special guest
compre
TIM VINE



Tickets
Full Price: £15
Concs: £12
Family: £45

Doors open at 7pm
Concert starts at 7.30pm.

*An enchanting concert featuring a rich mix of music
— from country, pop, musical theatre and
timeless Christmas carols.*

Guaranteed to get you into the festive spirit!

at Christ Church, Epsom Common, KT19 8NE

To book please visit:

www.ageconcernepsom.org.uk

Tel: 01372 732 451

*A fundraising event in aid of
Age Concern Epsom & Ewell Registered Charity No: 1139652*



Proudly sponsored by





to an older person this Christmas by giving a gift to Age Concern Epsom & Ewell

These will be gifted to the older generation in our borough who are lonely or isolated, in need of a little cheer and a pleasant surprise!



**Donations accepted from
From 3rd - 26th Nov**



www.ageconcernepsom.org.uk

Age Concern Epsom & Ewell. Registered Charity No: 1139652

Gift Ideas

Cozy Scarves & Gloves, Feet Warmers, Warm Socks, Chutneys, Jams, Preserves, Chocolates, Biscuits, Tea Gift Sets, Pampering goods, Mugs, Calendars, Stationery, Gift Vouchers

Alternatively you can make a donation and we will purchase gifts on your behalf.

Donation drop off points:

- ACEE Office
- The Town Hall
- Bourne Hall
- The Amber Group, 15 West St, Epsom

...more locations to be confirmed.

Penta Consulting is proud to sponsor Age Concern Epsom & Ewell over the 2025 festive season.



Technology Resource Solutions



Festive Stalls with Age Concern Epsom & Ewell



This festive season, Age Concern Epsom & Ewell will be bringing some extra sparkle to the borough with our beautiful Christmas stalls. You'll be able to find us at various locations throughout the community – details of where to find us will be shared in our November bulletin.

Our talented volunteer knitters and creatives have been busy all year, crafting stunning festive pieces that we know you'll love. From modern twists on Christmas traditions to unique hand-crafted decorations and gifts, there's something truly special for everyone.



Perfect for brightening your home or surprising someone with a one-of-a-kind gift this Christmas!



If you would like to knit, crochet or craft for our cause for this festive period please get in touch with us on 01372 732 451



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We are here to ensure that you are safe, independent and healthy in your home through our various grants.



Our grants are open to residents of all tenures; whether you own your property, privately rent or you are a housing association tenant.



If you have any enquiries, please contact us below or scan the QR code to visit our website for further information.

CONTACT US

01372 732000

 HIA@epsom-ewell.gov.uk

SCAN ME



Please please be aware of internet fraud as one of our volunteers has highlighted these alarming statistics.

Office of National Statistics

<https://www.ons.gov.uk/>

"There were 4.1 million reported offences of fraud in 2024 ... 33% increase from 2023"

The National Crime Agency

<https://www.nationalcrimeagency.gov.uk/>

"...we estimate only 14% of fraud cases are being reported"

National Audit Office

<https://www.nao.org.uk/>

"Online fraud is now the most commonly experienced crime... it has been overlooked by law enforcement..."

Action Fraud

<https://www.actionfraud.police.uk/>

"80% of all fraud is on the internet"

Action Fraud

"Surrey & Sussex Police were sent 5600 reports of fraud in 2023. This resulted in 259 prosecutions" (4.6%)

FOI requests to the police revealed:

Surrey Police: 2357 officers employed. 11 are on the 'Fraud Desk' (<0.5%)

Metropolitan Police: 34,328 officers employed. 245 are on the 'Fraud Desk' (0.7%)

House of Commons Justice Committee

<https://committees.parliament.uk/committee/102/justice-committee/role/>

"2 per cent of police funding is dedicated to combatting fraud but it makes up 40 per cent of reported crimes".

Be savvy and safe. If you come across anything suspicious on the internet stop, think and if you feel the need to report it get in touch with Trading Standards.

We have Trading Standards stickers which can be collected from our office to anyone that would like them as a reminder.



There are some scams going around telling people that they need to make a claim for the Winter Fuel Payment.

This is not the case.

The payments will be made automatically to those in the relevant age groups and 'clawed back' through the tax system for those with incomes over £35k per annum.

Full details are on the government website <https://www.gov.uk/winter-fuel-payment>



The Waitrose Green Token Scheme is back and we are delighted to be one of three local charities represented from now until the end of December.

Do participate when you are next in the store as all contributions are turned into funds to support our services. Thank You!

Age Concern Epsom & Ewell Advertising Disclaimer

Advertisements placed within this newsletter are in no way intended as Age Concern endorsements of the advertised products, services or related advertiser claims.



Amber Group

We are an established family run local company committed to providing a personable and reliable service **24/7**

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DISABILITY EQUIPMENT SERVICE (DES)

Do you need disability equipment?

Or do you have disability equipment you would like to sell or donate?

We operate a national website dedicated to the donating, buying and selling of new and used disability equipment for use by individuals, carers & organisations.

Need equipment? - You can search for items or post a wanted listing if you can't find what you need.

Have equipment to sell or donate? - It's free to list items on the website.

If you prefer, you can donate your items for us to sell, this helps keep the website running and we give 25% of all proceeds to raising funds for Support Dogs, our current chosen charity.

We also purchase used equipment ourselves so please contact us if you would prefer this option.

To find out more please visit :

<http://disabilityequipmentservice.co.uk>

 team@disabilityequipmentservice.co.uk

 [07845 041678](tel:07845041678) / [0758 7690773](tel:07587690773)



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- Personal assistants
- Computer/IT support

& so much more!

We do our utmost to offer continuity of the helper whilst maintaining a high level of care and support

Tel: 01372 285285 M: 07925621174

Or visit our website to see more: www.extra-help.co.uk



EXTRA HELP®
FOR THE ELDERLY
a helping hand



JOIN OUR LOTTERY

Support your local community

LOTTERY WINNERS

May Winners

Mr C (£57.60) **Mrs W** (£36.00) **Mrs R** (£21.60)

June Winners

Mrs G (£57.60) **Mrs B** (£36.00) **Mrs P** (£21.60)

July Winners

Mrs A (£56.80). **Mrs C** (£35.50) **Mrs M** (£21.30)

August Winners

Mrs B (£56.80) **Mrs P** (£35.50) **Mrs D** (£21.30)



Mrs Kerr was the winner of our special hamper, for joining the lottery between April and August 2025.
She joined our lottery in May 2025

Join our lottery for just
£2 per month

To sign up:

- Scan our QR code
- Email us on
info@ageconcernepsom.org.uk
- Phone 01372 732 456

Did you know, that 40% of our lottery fund is paid out in prizes and 60% goes to support our work in the community ?



Scan the QR code for details on how to join the lottery online



An Evening Stroll

Lest I commit these lines
of joy to memory,
No-one will ever know
what so affected me

the night I breathed in air
still sweet at end of day
which bore the scent of hope
as summer fades away.

The sky at dusk, still light
a luminous glow displayed
which slowed the dark of night
and my rapture to fade.

The birdsong, often mute
to those too tired to hear
left my emotions stirred
and my sad mind to clear.

Costs nothing, nature's gift -
this pure balm for the soul -
that lifts so joyfully
the heart, and makes us whole.



*A poem by Janice -
please see the centre pages*



EPSOM & EWELL VETERANS CLUB



Come and join us at Epsom and Ewell Veterans Hub
for a friendly cuppa, natter and a biscuit or two!

Where: The Army Reserve Centre Welbeck Close, Ewell KT17 2BG
When: The first Tuesday of every month Time: 10:30 – 12:30

Please contact:

Barbara Warwick Epsom and Ewell Royal British Legion
Email: barb.warwick@virginmedia.com

MODELS & PAINTING

Drop in for Modelling
with Dave



Where: The Kings Church,
Longmead Road, Epsom KT19 9BU

When: the 3rd Tuesday of every month

Time: 14:00 - 16:00

INDOOR ARCHERY

Have fun hitting the mark
with John



Where: The United Reform Church,
London Road, Ewell KT17 2BB

When: the 2nd Tuesday of every month

Time: 10:30 - 12:30



**Please help us to spread the word about the
services that we provide for older people living
in Epsom & Ewell!**

Do you have a friend or neighbour that might benefit
from receiving our latest brochure and our
newsletters?

Do you have a communal area
or do you work in a public building where our
information can be displayed?

If so, we would love to hear from you.
Please see our contact details are below.

For all enquiries please contact: **01372 732 456**

Email: info@ageconcernepsom.org.uk www.ageconcernepsom.org.uk

Our office and telephone lines are open Mon- Fri; 9.30am - 1pm

The Old Town Hall, The Parade, Epsom, KT18 5AG

SCAN HERE

